DOCUMENT RESUME

ED 364 348 PS 021 920

TITLE	Head Start Parenting Education Resource Directory. Second Draft.
INSTITUTION	Trans-Management Systems, Inc.
SPONS AGENCY	Administration for Children, Youth, and Families (DHHS), Washington, DC. Head Start Bureau.
PUB DATE	Aug 93
CONTRACT	105-92-1527
NOTE	140p.
PUB TYPE	Reference Materials - Bibliographies (131) -- Reference Materials - Directories/Catalogs (132)
EDRS PRICE	MF01/PC06 Plus Postage.
DESCRIPTORS	Child Caregivers; *Child Rearing; *Parent Education; *Parenting Skills; Parents; Parent School Relationship; Preschool Education; Preschool Teachers; Program Development; *Resource Materials; Staff Development
IDENTIFIERS	Project Head Start

ABSTRACT

Noting that parents are the prime educators and nurturers of their children, the Performance Standards for Head Start require staff to offer varied opportunities for parents to expand and enhance their role. This directory was developed for use as the first segment of an ongoing plan to assist local Head Start grantees in selecting the resources that will best prepare staff to work with parents. Use of this resource directory can expand staff development; enable staff to train parents effectively; offer families valuable resources which parents may not otherwise discover; and open the doors for parents to information sources for future use. Section 1 covers parenting education materials and lists sources of: (1) training materials designed to train staff and parents, such as curricula, guides, programs, and workshops; (2) books, booklets and other short pieces, magazines, and newsletters of interest to parents, including some listings primarily for staff use; and (3) audio-visual materials, such as audio tapes, broadcasts, videos, and films intended to stand alone without supporting manuals. Section 2 lists government agencies, associations, and organizations that offer materials about parenting or related concerns. Included in this section are sources of information on disabilities, health, and multicultural issues. Each entry in the directory includes a brief description with source address and phone number. (TJQ)

****
*   Reproductions supplied by EDRS are the best that can be made   *
*   from the original document.   *
****

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)
☐ This document has been reproduced as received from the person or organization originating it
☒ Minor changes have been made to improve reproduction quality
• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy

HEAD START PARENTING EDUCATION RESOURCE DIRECTORY

ED 364 348

Special Printing
for the

National Head Start
Parent Involvement Institute

Valuing the Involvement of Parents
The HEAD START Vision
®

PS 021920

AUGUST 1993

Head Start Bureau
Administration on Children, Youth and Families
Administration for Children and Families
Department of Health and Human Services

BEST COPY AVAILABLE

HEAD START
PARENTING EDUCATION RESOURCE DIRECTORY

SECOND DRAFT
AUGUST 1993

Developed by:
Trans-Management Systems, Inc.
Kenneth E. Burns, Project Director
Patricia Warner, Head Start Specialist
for:
Head Start Bureau
Administration on Children, Youth and Families
Administration for Children and Families
Department of Health and Human Services

Contract No. 105-92-1527

TABLE OF CONTENTS

INTRODUCTION 1

SECTION I

PARENTING EDUCATION MATERIALS

TRAINING MATERIALS 1
  CURRICULA 3
  GUIDES 11
  PROGRAMS 27
  WORKSHOPS 45

PUBLICATIONS 51
  BOOKS 53
  BOOKLETS AND OTHER SHORT PIECES 73
  MAGAZINES 85
  NEWSLETTERS 89

AUDIO-VISUAL MATERIALS 95
  AUDIO MATERIALS 97
  BROADCASTS 99
  VIDEO PROGRAMS/FILMS 101

SECTION II

SOURCES OF MATERIALS

GOVERNMENT AGENCIES 113
  FEDERAL 113
  OTHER SOURCES 117

ASSOCIATIONS AND ORGANIZATIONS 119
  PARENT EDUCATION - GENERAL TOPICS 119
  PARENT EDUCATION - DISABILITIES 131
  PARENT EDUCATION - HEALTH 135
  PARENT EDUCATION - MULTICULTURAL 139

TITLE INDEX 141

TOPIC INDEX 147

INTRODUCTION

This directory was developed for immediate use as the first segment of an ongoing plan to assist local grantees in selecting the resources that will best prepare staff to work with parents.

The contents include summaries of publications and audio-visual materials on parenting topics, parent training programs, curricula, and workshops. Information sources are also listed. Some materials are available in both English and Spanish, and are identified as such; many reflect the cultural sensitivity which is so important to Head Start. The manual includes a title and a topic index. The title index lists titles in alphabetical order. The topic index is organized to help readers locate topics which may interest parent trainers and other users of the directory.

Parents are the prime educators and nurturers of their children. The Performance Standards for Head Start require staff to offer varied opportunities for parents to expand and enhance that role. Use of this Resource Directory can expand staff development; enable staff to train parents effectively; offer valuable resources to families which parents may not otherwise discover; and open doors for parents to information sources for future use.

The drawings in this Resource Directory were graciously contributed by Martha Perske. The illustrations are from the books Hope for the Families and Circles of Friends by Robert Perske.

SECTION I
PARENTING EDUCATION MATERIALS

TRAINING MATERIALS

This segment of the directory offers curricula, guides, programs, and workshops designed to train staff and parents. The descriptive information identifies the suggested audience for each type of training. The curricula, programs and workshops may be costly. A number of these materials have audio or video components. Information sources should be contacted about current prices before staff take steps to plan training using the materials. Guides are generally low cost and can be used as reference tools during training, in the home, or in Head Start programs.

Birth to Three: A Curriculum for Parents, Parent Trainers, and Teachers of Very Young Hearing-Impaired Children

Marie D. Thompson, Jean Atcheson, and Constance G. Pious

Description

This is appropriate for staff use with Head Start families learning about testing for hearing difficulties, the effect on language of hearing problems, anatomy, and hearing aids. The materials include references and resources and the curriculum is in a notebook format.

Components

There are eleven topic areas for presentation by a teacher or Home Visitor.

Source

University of Washington Press
P.O. Box 50096
Seattle, Washington 98145-5096
(206) 543-8870

Exploring Parenting

Description

This curriculum covers 20 weeks and is designed to help Head Start parents increase their parenting skills and assist them in their role as the primary educator of their child. Sessions focus on a variety of topics such as the child's world, development, discipline, single parenting, and special needs. The curriculum was developed specifically for Head Start and is available in both ENGLISH and SPANISH.

Components

Materials include a leader's guide, parent information sheets, a manual for training the leaders, and films.

Source

The printed materials are available from:
Head Start Publications Center
P.O. Box 26417
Alexandria, Virginia 22313-0417

The films are available from the Regional Resource Centers.

How to Parent

Description

This curriculum was developed for Job Corps enrollees between the ages of 16 and 21. It is suitable for Head Start parents interested in learning basic parenting skills.

Components

The curriculum covers eight major training areas: basic parenting concepts; an awareness of the role parents play in a child's development; how to provide a nurturing environment for children; and how to improve a child's quality of life.

Source

Distribution Center
McKinney Job Corps Center
Post Office Box 8003
McKinney, Texas 76059-8003
(214) 542-2623

or

United States Department of Labor
Office of Job Corps, Employment and Training
Room N. 4510
200 Constitution Avenue, N.W.
Washington, D.C. 20210
(202) 219-5559

Lakota Learning Activities

Description

The Oglala Sioux Tribe has developed a culturally-relevant parenting curriculum. The program has clear goals and guidance for trainers. The Tribe has trained community-based professionals in four states to provide parenting education classes. The information would be appropriate for Head Start staff and parents interested in using a curriculum designed to be culturally sensitive.

Components

The curriculum includes: information on speech and language development; social and emotional growth; and physical and cognitive development. activities and handouts for participants.

Source

Rural America Initiatives
919 Main Street, Suite 112
Rapid City, South Dakota 57701
(605) 341-3339

Life Skills for Single Parents

Description

Single Head Start parents can learn everyday skills designed to build strong families through use of this material. This curriculum is easy-to-read, nonsexist, activity-oriented, and requires little instructor preparation. It can be adapted by Head Start staff as needed for individuals or groups, and for a variety of meeting schedules. The curriculum focus enables learners to solve their own problems, and to acquire new information and skills to meet their needs.

Components

Five units cover: self-esteem; assertiveness; managing stress; raising happy, healthy children; managing money; and nutrition. Each unit consists of an introduction, problem solving suggestions, and activities for participants which may require answering questions and planning.

Source

Bureau of Educational Services
Box 8158, University Station
University of North Dakota
Grand Forks, North Dakota 58202-8158
(701) 777-4421

Looking at Life

Description

Helping parents to identify ways to improve their lives and offering them opportunities to grow are the focus of this curriculum. There are four modules and each offers sessions 3 hours in length. The modules can be used separately or as a group. The materials were developed specifically for Head Start and inspired by the Exploring Parenting curriculum listed above.

Components

Materials include session plans and information sheets.

Source

Head Start Publication Center
P.O. Box 26417
Alexandria, Virginia 22313-0417

A Parenting Curriculum
Grace Cooper

Description

Head Start parents participating in this training can learn about child development and child care from the prenatal period through the first year of life. The booklets can be used individually or as a series of group sessions by Head Start staff, and may be given to parents for future reference.

Components

Six booklets which present information about child development and how to care for children under one year of age are included.

Source

Child Welfare League of America
40 First Street, N.W., Suite 310
Washington, D.C. 20001
(202) 638-2952

Parenting Curriculum for Language Minority Parents

Description

Parents with English as a second language can learn parenting skills using this curriculum. Ideas for language instruction are included for staff development in the lesson plans for each unit.

Components

The curriculum has seven major topics: parent-teacher communication; visiting your child's school; parenting; nutrition; math; health and citizenship. It includes an illustrated activities guide for instructors which can serve as a visual aid in the classroom, and as a record for parent participants.

Source

California State University
Cross-Cultural Resource Center
650 University Avenue, Suite 101-B
Sacramento, California 95825
(916) 278-3708

Parenting for Prevention
A Parent Education Curriculum: Raising a Child to Say No to Alcohol and Other Drugs
David J. Wilmes

Description

In any prevention effort, the most important group is the parents. This curriculum offers trainers tools to facilitate a program that mobilizes adults for productive parenting and effective prevention. Head Start trainers may find the curriculum helpful in working with at-risk families.

Components

This is a five session curriculum including a manual, exercises, session highlights and overheads. A training workshop is available from the source.

Source

The Johnson Institute
7205 Ohms Lane
Minneapolis, Minnesota 55439-2159
(800) 231-5165

Parents and Children Getting a Head Start Against Drugs

Description

This research based multicultural drug abuse prevention curriculum was developed especially for Head Start parents and their children. Parents learn about the effects of drug abuse on the family, as well as effective parenting and drug abuse prevention skills.

Components

The program is divided into two parts, one for children and one for parents. Each concept presented to children includes recommendations for activities parents can perform at home. Parent workshops are presented at the same time as children's activities. Components include a trainer's guide, a parent activity book, and a children's activity book.

Source

National Head Start Association
1220 King Street
Suite 200
Alexandria, Virginia 22314
(703) 739-0875

Positive Indian Parenting
A Model Indian Parent Training Manual

Description

The cultural strengths of Indian child rearing are the focus of this curriculum. It is offered in a manual that provides parent trainers with methods to convey the positive values of traditional ways of child rearing as a model. This is valuable for Head Start programs seeking parent training for Indian families.

Components

The manual presents eight sessions requiring two to three hours each. It includes lesson plans, handouts, and exercises.

Source

Northwest Indian Child Welfare Association
c/o RRI, P.O. Box 751
Portland, Oregon 97207
(503) 725-3038

Talking About Touching Curriculum for Preschool-Kindergarten

Description

The lessons are straightforward and teach basic rules and skills for protective action in all types of dangerous situations, not just those involving personal touch. The emphasis is on simple safety rules as the primary source of guidance in situations involving touch, identifying inner feelings as a secondary source of information.

Components

A parent guide and story book, a teacher's guide, video, booklet and audio tape and flannelboard characters are included.

Source

Committee for Children
172 20th Avenue
Seattle, Washington 98122
(800) 634-4449 or (206) 322-5050

Teaching Social Skills to Young Children
A Parent's Guide
Sherri Searcy

Description

Children with learning disabilities may have behavior problems and social skill deficits. This curriculum is designed to be self-instructional and its focus is training parents to cope with the special challenges learning disabled children present. Head Start parents with learning disabled children may be interested in introducing the topics at home.

Components

Four topics are offered for self-instruction including: understanding the rules; getting ready on time; refusing requests politely; and following directions.

Source

Learning Disabilities Research Project
Interstate Research Associates/NICHY
P.O. Box 1492
Washington, D.C. 20013
(800) 999-5599 or (703) 893-6061

Active Learning Series
Debby Cryer, Thelma Harms and Beth Bourland

Description

This is a series of guides which offer ideas and activities for infants, and one, two and three year olds. Each guide provides suggestions to develop minds and bodies in a safe, healthy environment. Head Start staff and parents seeking to expand the range of activities for children may be interested in the series.

Source

Addison-Wesley Publishing Company Publications Office
1 Jacob Way
Reading Massachusetts 01867
(800) 447-2226

Caring for Your Baby and Young Child Birth to Age Five (Revised)
Steven P. Shelov, MD.

Description

A reliable resource for parenting children, this is a revised book from the American Academy of Pediatrics. It offers chapters answering questions parents have about the first five years, developmental guidelines, and a guide to recognizing and solving health and behavior problems. This is a good resource for Head Start parents and staff.

Source

Bantam Doubleday Dell
666 Fifth Avenue
New York, New York 10103
(800) 223-6834 or (212) 765-6500

The Caring Parents' Guide - Sexuality Education At Home
Larry Campbell, Maria Homreck Goodman, Cathy Schroeder, Beth Welborn Bischof

Description

The purpose of this manual is to offer parents information which will help them discuss sexuality with their children.

Head Start parents interested in learning a common sense approach to the topic will be interested in the manual.

Source

Health Net Publications
P.O. Box 534
Kennett, Missouri 63857
(800) 628-9902

Childhood Emergencies: What To Do

A Quick Reference Guide

Description

A color-coded flip cover offers quick access to information in this guide. Following general information, seventeen sections address specific emergencies. The last three sections include prevention recommendations and a necessities list for a first aid kit. This would be helpful for staff and parents as a reference for emergency care.

Source

Bull Publishing Company
P.O. Box 208
Palo Alto, California 94302
(800) 676-2855 or (415) 322-2855

Common Sense Parenting: A Practical Approach from Boys Town

Description

Proven methods shared with thousands of parents are shared in this guide to better parenting. Covering a wide variety of topics, the techniques described can be used with young children. Exercises in each chapter help parents identify and correct family problems while building strong parent-child relationships. This would be a helpful resource for Head Start parent trainers.

Source

Boys Town Press
13603 Flanagan Boulevard
Boys Town, Nebraska 68010
(402) 498-3200

Developing Roots and Wings
A Trainer's Guide to Affirming Culture In Early Childhood Programs
Stacey York

Description

This guide is for the multicultural education trainer. It is a companion to Roots and Wings: Affirming Culture in Early Childhood Programs. The guide explains how to conduct 11 sessions, and offers activities and handouts. The companion book explains how to give children the courage of their cultural roots and how to shape positive attitudes toward cultural differences. The materials are appropriate for Head Start staff interested in multicultural materials. The materials can also be helpful to parents.

Source

Redleaf Press
450 North Syndicate Suite 5
St. Paul, Minnesota 55104-4125
(800) 423-8309

Early Learning Fun Preschool Readiness Kit

Description

Index cards and a booklet help parents to plan activities for children from birth to age six. Activity cards are color coded by age groups, arranged in a box, and the first card in each section is designed to help parents determine if the activities will be appropriate for their child. Each card contains a statement explaining the skills to be encouraged, materials needed and steps to follow. This is appropriate for Head Start parents. The kit is available in both ENGLISH and SPANISH.

Source

Project ELF Task Force
Aurora Public School, P.O. box 4430
Aurora, Illinois 60507
(708) 844-4452

Emergency Medical Treatment: Children

Stephen Vogel, M.D. and David Manhoff

Description

Designed for quick reference, this handbook features tabs, thick pages, large print, and spiral binding so the book can lie flat. It offers step-by-step instructions about what to do while waiting for professional help for emergencies such as choking, burns, seizures, poisoning, and injuries. It is an appropriate reference for home or staff use.

Source

RPM International
P.O. Box 616
Oshkosh, Wisconsin 54902-0616
(800) 233-2122 or (414) 233-4263

First Year Baby Care: An Illustrated Step-by-Step Guide for New Parents

P. Kelly, editor

Description

Infant care techniques are presented in this detailed account of how to care for a baby during the first twelve months of life. Simple step-by-step explanations and illustrations address a variety of common parenting questions and concerns. This is suitable for Head Start parents of infants and for parent trainers.

Source

Meadowbrook Press
18318 Minnetonka Boulevard
Deephaven, Minnesota 55391
(612) 473-5400

The Friendly Classroom for a Small Planet
A Handbook on Creative Approaches to Living and Problem Solving for Children

Description

The materials in this handbook help children gain insight into human feelings, capabilities, and strengths. It also fosters communication and self-confidence about preventing and solving conflicts. The guide is useful for Head Start teachers and parent trainers who want to focus on conflict resolution.

Source

New Society Publishers - New Society Educational Foundation
4527 Springfield Avenue
Philadelphia, Pennsylvania 19143
(800) 333-9093 or (215) 382-6543

Growing Up Again: Leader Guide
Jean Illsley Clarke and Connie Dawson

Description

The leader guide will explain how to provide a comprehensive model for parenting . It is the companion to a book by the same name. The guide stresses how to avoid repeating mistakes of readers' own parents. It includes charts, illustrations, and helpful exercises which show the effects on children of parental behavior. Chapters on how to develop new parenting skills and on self-esteem will help every adult to be a better parent. Head Start staff may be interested in using the guide for training.

Source

Jean Illsley Clarke
16535 9th Avenue North
Minneapolis, Minnesota 55447
(612) 473-1840

Homecoming for Babies after the Intensive Care Nursery A Guide for Parents in Supporting Their Baby's Early Development

Marci Hanson and Kathleen A. VandenBerg

Description

Designed to describe the behavior and developmental issues that confront parents as their premature and sick baby recovers from hospitalization, the guide emphasizes how to promote physical and mental development. The first two years in the lives of these children are covered and the behavior of babies who spend only a few weeks in the hospital are compared to that of an infant hospitalized for many months. There is also a guide for professionals working with parents, and easy to read activity and information sheets for parents.

Source

To obtain one or both guides and the information sheets, contact:
PRO.ED, Inc.
8700 Shoal Creek Boulevard
Austin, Texas 78758
(512) 451-3246

How to Save the Children

Amy Hatkoff and Karen Kelly Klopp

Description

There are close to 200 specific suggestions in this guide about how-to's counter the effects of poverty and neglect on the nation's children. It is a clearinghouse of ideas, addresses, and phone numbers for individuals who want to get involved in creating a future for America's children.

Source

Simon & Shuster
1230 Avenue of the Americas
New York, New York 10020
(212) 373-8828

The Incredible Years
A Trouble-Shooting Guide for Parents of Children 3-8
Carolyn Webster-Stratton, Ph.D.

Description

Examples of everyday problem situations and concerns, and step-by-step suggestions on how to handle them are offered in this practical guide. It emphasizes how to promote good behavior and deal with specific problem behaviors by communicating effectively with children. Head Start parents and trainers may find the guide helpful.

Source

Umbrella Press
56 Rivercourt Boulevard
Toronto, Ontario M4J3A4
(416) 696-6665

Involving Parents
A Handbook for Participation in Schools

Description

The focus of this handbook is parent involvement in schools. Topics include home school relations, school support, parent education, home-based instruction, instruction at school and advisory groups. It is useful for parent trainers and as a Head Start staff development tool.

Source

High Scope Press
600 North River Street
Ypsilanti, Michigan 48198-2898
(313) 485-2000 ext. 273

Keeping the Peace
Practicing Cooperation and Conflict Resolution with Preschoolers

Description

Parents, teachers and other caregivers can create an environment in which the level of conflict is low offering adults the chance to guide the resolution of disputes. The purpose is to find solutions that work for children and which can be used again by them.

Source

New Society Publishers
4527 Springfield Avenue
Philadelphia, Pennsylvania 19143
(800) 333-9093 or (215) 382-6543

The Kindergarten Survival Handbook
The Before School Checklist and a Guide for Parents
Allana Elovson, Ph.D.

Description

Available in both ENGLISH and SPANISH, this is a handbook to help parents turn their children's world into an exciting learning environment. It is simply written and cheerfully illustrated. The guide presents the skills and information children need to do well in kindergarten, ways to use everyday experiences to teach children, and how to establish a beneficial home/school relationship.

Source

Parent Education Resources
752 18th Street
Santa Monica, California 90402
(310) 458-9758

Nurturing Your Child's Natural Literacy
H. Thompson Fillmer and Bill Cole Cliett

Description

With tips about encouraging thinking, listening and verbal skills, this guide explains how to start a child on the road to literacy early. It presents teaching reading based on key vocabulary and offers a list of books to read aloud to children.

Source

Maupin House Publishing
P.O. Box 90148
Gainesville, Florida 32607
(800) 524-0634

1,2,3...The Toddler Years

A Practical Guide for Parents and Caregivers

Irene Van der Zande with Santa Cruz Toddler Care Center Staff

Description

Initially developed as a parent handbook, this guide includes three sections covering respect for toddlers, successful parenting, and finding and keeping quality child care. It also includes a resource list. The guide is suitable for use by Head Start parents and staff offering parent education.

Source

Santa Cruz Toddler Center
1738 16th Avenue
Santa Cruz, California 95062
(408) 476-4120

The Parent Enrichment Trainer's Manual

G.B. Wilson and T. McMurrain

Description

This workbook enables parent trainers to present exercises designed to help parents communicate their ideas and expertise. The six sections cover challenges of parenting including communications, relationships, effective discipline, and presenting values.

Source

Humanics
P.O. Box 7400
Atlanta, Georgia 30357
(404) 874-2176

Parent Handbook

Description

The Head Start Blackfeet Family Service Center developed this guide for Indian parents. It covers child development issues, behavior management, choices for Indian parents, self-esteem, guidelines to discipline, and home activities for preschoolers. Head Start staff working with Indian parents may be interested in the guide.

Source

The Blackfeet Tribe Head Start Program
P.O. Box 537
Browning, Montana 59417
(406) 338-7370

Parent Handbook, Reachbook

Kay Alicyn Ferrell

Description

The basis of this parent handbook and workbook is sharing what parents need and want to know about the development of their visually impaired children. Materials can be used independently by parents. In addition, Head Start staff working with these families can order an accompanying teacher's manual and an eight slide-tape presentation.

Source

American Foundation for the Blind
c/o The American Bank Center, Building 3
Brooklyn Navy Yard
Brooklyn, New York 11205
(718) 852-9873

The Parent's Handbook
Systemic Training for Effective Parenting (STEP)
Don Dinkmeyer and Gary D. McKay

Description

Developed for a nine week study course, this handbook may be used individually or with a group. Topics include: understanding child behavior; building child confidence; listening to your child; communicating, and others. Problem situations, questions, an individual plan for improving relationships, and summary charts follow each topic. Available in ENGLISH or SPANISH. The material would be useful for staff to use in parent training.

Source

American Guidance Service
4201 Woodland Road
Box 99
Circle Pines, Minnesota 55014-1796
(800) 328-2560 or (800) 247-5053 (MN)

Playtime Learning Games for Young Children
Alice S. Honig

Description

This handbook for parents could also serve as an excellent resource for Home Visitors or Head Start teachers. The author describes twelve tasks to help parents teach thinking skills to young children while they complete household jobs. Instructions are clearly written and easy to follow.

Source

Syracuse University Press
1600 Jamesville Avenue
Syracuse, New York 13244-5160
(315) 443-2597

Programs to Strengthen Families: A Resource Guide

Description

This edition was revised in 1992. It includes a listing of family support programs in categories: workplace programs; home-based programs; and programs for families with special needs. The guide also includes appendices listing programs state-by-state, and by ages of children served, income levels of families, service components and demographics.

Source

Family Resource Coalition
200 South Michigan Avenue, Suite 1520
Chicago, Illinois 60604
(312) 341-0900

Questions Parents Ask

Louise Bates Ames, Ph.D.

Description

Solutions to the most common parenting problems are offered in this guide which addresses issues affecting infants, toddlers, and older children. Parenting concerns such as eating, sleeping, friends, discipline, grandparents, and learning problems are presented in a common sense fashion.

Source

Bantam Doubleday Dell
666 Fifth Avenue
New York, New York 10103
(212) 765-6500

The Read Aloud Handbook

Jim Trelease

Description

This book provides a rationale for the importance of reading to children, and a guide to assist parents and teachers establish a read aloud program. The last chapter is an annotated list of read aloud books. This is a valuable resource for parents and staff interested in promoting reading.

Source

International Reading Association
IRA Order Department
800 Barksdale Road
P.O. Box 8139
Newark, Delaware 19714-8139
(302) 731-1600

Reading Aloud to Your Child: A Parent's Guide
Elizabeth Fontaine

Description

The belief that all parents should help children learn to enjoy books and read to their children prompted the author to prepare this guide. The book explains the importance of reading to children, suggests techniques, and provides reading lists. It can serve as a resource to parents or to parent educators.

Source

R&E Publishers
P.O. Box
Saratoga, California 95070
(408) 866-6303

Recipes for Fun-Play Activities and Games for the Family with a Young Child with a Disability
Let's Play to Grow

Description

The play activities in this guide use simple equipment to help family and friends create good times with a disabled child under age eight. Activities can be adapted to varying developmental stages and disabling conditions. The guide is a also a good reference for Head Start staff assisting children with disabilities.

Source

Let's Play to Grow
P.O. Box 5455, Friendship Station
Washington, D.C. 20016
(202) 364-0383

Self-Esteem: A Family Affair Leader's Guide

Description

How to lead effective groups about raising self-esteem is the topic of this guide. It is a companion to a book by the same name. The guide contains eight meeting plans, tips for conducting each meeting, a resource book titled Who, Me Lead a Group?, worksheets and handouts, and a bibliography. Head Start staff interested in self-esteem issues may be interested in the guide.

Source

Harper & Row Publishers, Inc.
P.O. Box 1630
Hagerstown, Maryland 21741
(800) 242-7737

Slow and Steady, Get Me Ready
A Parent's Handbook for Children from Birth to Age 5
June R. Oberlander

Description

Using home materials, this book provides five years of weekly activities to correspond to the developmental patterns of each age group. The handbook is useful to give parents and caregivers an outline for the approximate age a child will be ready to learn specific tasks.

Source

Bio-Alpha, Incorporated
Box 7190
Fairfax Station, Virginia 22039-7190
(703) 323-6142

An Update to a Reader's Guide for Parents of Children with Mental, Physical, or Emotional Disabilities

Maryland State Planning Council on Developmental Disabilities

Description

This is a handbook for parents providing a comprehensive selection of books in six categories: 1) basic reading; 2) personal accounts; 3) books that tell how to teach, train, and play at home during the early years of a child's life; 4) books about the school years and special education; 5) books about adult years; and 6) further sources to write for information.

Source

Woodbine House
5615 Fisher Lane
Rockville, Maryland 20852
(800) 843-7323

A Very Practical Guide to Discipline with Young Children

Grace Mitchell

Description

The focus of this guide is to help parents and teachers lead a child to self-discipline. The book covers issues that come up with children up to age eight. It offers anecdotes, and is simply written. Head Start parents and teachers can benefit from the guidance offered.

Source

Gryphon House
P.O. Box 275
Mt. Rainier, Maryland 20712
(301) 779-6200

Working with Families

Description

An excellent resource for staff, this book was originally designed for use with parents and families of children with disabilities. It has wider application, however, and offers a guide for transitioning to public school. Topics include staff development, assessing the needs of parents, parent support, parent rights under laws protecting the disabled, and a list of resources. Head Start staff can use the guide to enhance a parent education program.

Source

Chapel Hill Training Outreach Project
800 Eastowne Drive
Chapel Hill, North Carolina 27514
(800) 473-1727 or (919) 490-5577

Active Parenting
Teaching Cooperation, Courage, and Responsibility
Michael H. Popkin, Ph. D.

Description

Parents need information and skills to meet the challenge of raising children in today's rapidly changing world. This multicultural program offers advice about parenting and teaches the power of encouragement. Methods may be adapted for toddlers to teens. Head Start parents can learn important child rearing skills.

Components

This is a six session discussion program (two hours each) which is video based. Instructor training is required.

Source

Center for the Improvement of Child Caring
11331 Ventura Boulevard, Suite 103
Studio City, California 91604-3147
(800) 325-CICC or (818) 980-0903

Black Parenting Education Program

Description

This program includes material about black culture and teaches parents the art of empowerment. It is in use by Head Start programs in Louisiana.

Components

The materials include a resource manual, five parenting books, a video, recruitment and intake materials, pre and post tests, and an instructors guide. Instructor training is required.

Source

Relevant Educational Corporation, Inc.
4665 South 4th Street
Arlington, Virginia 22204
(703) 920-7006

The Bowdoin Method I
Ruth Bowdoin

Description

The role of parents as teachers is emphasized in this program. It addresses issues such as behavior, self-esteem, helping your child to develop emotionally, and listening. It is in use in Head Start programs.

Components

The materials include videos, a trainers manual, and books for session and home use. The program is ten sessions but each session can be presented as a self-contained unit.

Source

Webster's International, Inc.
5729 Cloverland Place
Brentwood, Tennessee 37027
(800) Parent-Ed (727-6833)

Confident Parenting Program:
Survival Skills Training Program

Description

This training program teaches parents how to pay attention to and increase the times when their children behave. It also teaches effective limit-setting. The program uses role playing, home projects, and instructor demonstration to teach parents skills to manage child misbehavior. The program has been used for over a decade.

Components

The program is taught in ten two hour sessions through use of a leader's guide, video demonstration, family rule cards (in both ENGLISH and SPANISH), and a parent's guide. Instructor training is required.

Source

Center for the Improvement of Child Caring
11131 Ventura Boulevard, Suite 103
Studio City, California 91604-3147
(818) 980-0903

Early Childhood STEP (Systemic Training for Effective Parenting)

Description

STEP programs can assist Head Start parents to develop positive family relationships. They help parents understand the changing needs of young children, their capabilities and typical behavior. The Early Childhood program informs parents about the developmental stages of early childhood, what to expect at various ages and how children develop at their own pace. Sessions should be conducted by Head Start staff in a supportive group which encourages parents to discuss and share ideas.

Components

The program includes: a leader's manual; a parent handbook; a video cassette and script booklet; discussion questions and a guidelines poster; a reproducible certificate; and a publicity packet.

Source

The American Guidance Service
4201 Woodland Road, Box 99
Circle Pines, Minnesota 55014
(800) 328-2560 or (800) 247-5053 (MN)

Effective Black Parenting

Description

Parents of African American heritage face special challenges. This program teaches a set of parenting strategies and child management skills with an African-American perspective. Head Start parents can learn to put these skills to work so they can raise proud and confident African American children. The program can also be an effective staff training tool.

Components

This is a fifteen session program including: an instructor's manual with a fully scripted curriculum; a parent's handbook including papers on program topics; a set of pamphlets; and homework assignments. Instructor training is required.

Source

Center for the Improvement of Child Caring
11331 Ventura Boulevard, Suite 103
Studio City, California 91604-3147
(800) 325-CICC or (818) 980-0903

Family Talk

Michael H. Popkin, Ph.D.

Description

This is a family communications program intended to help parents initiate and facilitate family discussions. It can help Head Start families learn important communication skills.

Components

The program includes a videotape of parent discussion groups. Instructor training is required.

Source

Center for the Improvement of Child Caring
11331 Ventura Boulevard, Suite 103
Studio City, California 91604-3147
(818) 980-0903

Floor Time: Tuning In To Each Child

Description

This is a five-step approach to working with young children based on the work of Dr. Stanley Greenspan, an author and Board member of the National Center for Clinical Infant Programs. A thirty-five minute video serves as the starting point. It is a good source of material for parenting education workshops.

Components

A video, a guide to conducting workshops, a developmental chart, parent handouts, and source material written by Dr. Greenspan are included.

Source

Scholastic, Inc.
2931 East McCarty Street
Jefferson City, Missouri 65101
(800) 325-6149

Get Ready, Stop...Let's Talk. Language Development Through Parent-Child Interaction.

Description

This audio-visual package is designed for parents of children who have language or other developmental lags. It is also appropriate for use with Head Start parents who speak a language which differs from the language their children use in school, or who want their children to become bilingual. The material can be used by Head Start staff in any training requiring sensitivity to cultural and language differences.

Components

The program can be completed in one session of approximately two hours, or as a series of five lessons in which each book is presented individually. It offers five books for parents, three cassettes, and a facilitator's guide.

Source

The program is available in ENGLISH and SPANISH from:
The Rosemount Center
Un Buen Comienza/A Good Beginning
2000 Rosemount Avenue, N.W.
Washington, D.C. 20010
(202) 265-9885

Growing Opportunities for Preschool Children

Kathryn Kavanagh, Ph.D., Janice Frey, Dianna Larsen, Northwest Family & School Consultants, Inc.

Description

This is a video-based family enrichment course which stresses confidence building, how to teach children to follow rules, encouraging good behavior, and helping children solve problems. It can be used as a training tool for Head Start staff and also with parents.

Components

The program includes three videos, which may be purchased individually or as a set, and a guide for parents. A preview is available.

Source

Castalia Publishing Company
P.O. Box 1587
Eugene, Oregon 97440
(503) 343-4433

Kid's Club:
Nutrition Learning Activities For Young Children

Description

This is a nutrition education program developed for use with preschool age children. It stresses motivating children to establish lifelong healthy eating habits through use of a variety of activities and a set of six puppets. Parents receive ideas to reinforce the learning experience. Head Start staff may be interested the training sessions.

Components

The program includes the following materials: a manual divided into four sections with lesson plans, activities, artwork and reproducible instructions; a songbook and cassette tape; and a set of puppets. The materials can be purchased separately. The package will soon be available in both ENGLISH and SPANISH.

Source

Barbara Mayfield
Noteworthy Creations, Inc.
Innovations in Education
P.O. Box 335
Delphi, Indiana 46923
(317) 564-4167

Los Ñinos Bien Educados

Description

The parenting skills taught in this program are connected to culturally familiar concepts for Hispanic families. Head Start families with Hispanic origins may enjoy learning new parenting skills using a program which respects their unique traditions and customs and is sensitive to adjustments they make as they acculturate to this society.

Components

There are twelve sessions offered in both Spanish and English. A parent's handbook containing charts, graphs, and concept papers is part of the program. It is also available in SPANISH or ENGLISH.

Source

Center for the Improvement of Child Caring
11131 Ventura Boulevard, Suite 103
Studio City, California 91604-3147
(800) 325-CICC or (818) 980-0903

The Nurturing Program For Parents and Young Children Birth to Five Years

Stephen J. Bavolek and Juliana D. Bavolek

Description

Materials in this program balance a focus on the parent with the traditional focus on the child. The group sessions and the home-based approach were field-tested in Head Start programs. The program is 45 weeks for the home-based setting, and can be adapted for a 15 session group course. It is designed to increase empathy, self-esteem and self-concept, and offers developmental expectations and alternatives to corporal punishment.

Components

A manual and activities book for the Home Visitor, a parent handbook, and two videotapes are included.

Source

Family Development Resources, Inc.
3160 Pinebrook Road
Park City, Utah 84060
(800) 688-5822

Parent and Child:
A Parenting Awareness Program for Home-Based Head Start
J.V. Pepper

Description

The following topics are covered in the eight group sessions: child development, self-concept, family/parental influences, communication, behavior, and play. They are designed to improve family relationships. The material is suitable for parent trainers and Head Start parents.

Components

The book supports eight two-hour group sessions.

Source

J.V. Pepper
624 Devon Road
Camp Hill, Pennsylvania 17011
(717) 763-7445

Parent Effectiveness Training (PET)
Thomas Gordon

Description

This is a preventive program which teaches parents interpersonal skills and ways to resolve family conflicts without resorting to punishment. It is in use in Head Start programs.

Components

The program contains workbooks, a textbook, audiotapes, role playing cards, and wall charts. It requires instructor training. In addition, there is a PET home program for parents to use at a low price.

Source

Effectiveness Training
531 Stevens Avenue
Solana Beach, California 92075-2093
(619) 481-8121

The Parenting and Human Development Video Series

Description

Living the life of children at different stages is the topic of the five videos in this series. This would be useful for Head Start parents of children at these stages.

Components

Five videos, worksheets, and a discussion guide are included.

Source

The School Company
P.O. Box 5379
Vancouver, Washington 98668
(800) 543-0998

Parents As Teachers (PAT)

Description

In this program, staff conduct home visits with parents of children from birth to kindergarten to help parents make the most of the early learning years. Monthly parent group meetings are an added aspect to the home visit program which is intended to foster language and intellectual development, curiosity, and social skills.

Components

Parent handouts, a guide for trainers, and staff development at training Institutes conducted periodically in St. Louis, Missouri. Training can be arranged on site. Children are also screened for problems and referrals are arranged.

Source

Parents as Teachers National Center, Inc.
9374 Olive Boulevard
St. Louis, Missouri 63132
(314) 432-4330

Parent Talk
Evelyn Petersen

Description

Typical parenting concerns are the focus of this video series which consists of three programs. The programs are in three segments each of which address behaviors and concerns of one age group - the young child, the school age child, and teenagers. The segments can be used by staff to train individuals or groups. The segment which addresses the young child includes 33 brief video portions.

Components

A leader's guide, timetable for immunizations and an overview of developmental expectations are included with the young child video segment of Parent Talk.

Source

The video is available from:

The Program Source International
P.O. Box 444
Bloomfield Hills, Michigan 48304
(313) 333-2010

The audio cassette in ENGLISH or SPANISH is available from:

Evelyn Peterson
843 South Long Lake Road
Traverse City, Michigan 49684
(800) 748-0213

Portage Parent Program

Description

The goal of this program is to help parents to interact more effectively with their children. It promotes skill development and stimulates discussion at home or in large group settings. It is suitable for parent training and includes readings for home use by parents.

Components

The program includes a book of parent readings, a parental behavior inventory, and an instructor's manual. A parent readings set can be purchased separately and includes five books and five behavior inventories.

Source

Portage Project Materials
CESA 5
626 East Slifer Street
P.O. Box 564
Portage, Wisconsin 53901
(608) 742-8811

The Practical Parenting Series

Description

Each videotape includes a discussion of a different aspect of parenting. Topics include first time parenting, single parenting, communicating, and blended families. The guides include the program overview, objectives, and discussion questions. This is appropriate for use by parent trainers.

Components

Videotapes, guides, and discussion questions are included. A free preview of the series is available.

Source

Research Press
2612 N. Mattis Avenue
Champaign, Illinois 61826
(217) 352-3273

Program for Infant and Toddler Caregivers

Description

The information in this program covers infant growth and development, techniques for infant care, and how to establish effective relationships with parents. This is an appropriate staff development tool.

Components

Curriculum guides, training modules, and videos are included.

Source

California Department of Education
Bureau of Publications, Sales Unit
P.O. Box 271
Sacramento, California 95802-0271
(916) 445-1260

Raising America's Children
Thelma Harms and Debby Cryer

Description

A video series in ten parts, this program discusses child rearing during the years between infancy and kindergarten. Each video focuses on one aspect of development. Children are seen in a variety of settings and there is a program dedicated to educational options for children with special needs. This is an appropriate program for Head Start parent education.

Components

The program includes ten videos, a study guide, and instructor's guide. A promotional video is also available and the videos may be purchased separately.

Source

Delmar Publisher, Inc.
3 Columbia Circle
P.O. Box 15015
Albany, New York 12212-5015
(800) 347-7707

Responsive Parenting
Saf Lerman

Description

Topics covered in this program include parenting concerns such as: positive ways to express anger; helping children understand and accept death; and negative discipline methods. Head Start parents interested in a wide range of issues which come up as children move through the stages of childhood will benefit from the material.

Components

Nine booklets, eight charts, a leader's manual, publicity materials, and three audiotapes are included in the kit.

Source

American Guidance Service
4201 Woodland Road
P.O. Box 99
Circle Pines, Minnesota 55014
(800) 328-2560 or (800) 247-5053 (MN)

Sharing Parenting

Description

This is a culturally diverse parenting education program which can be offered in one to five sessions. It is an appropriate tool for Head Start parent education and features Head Start parents discussing their parenting experiences.

Components

The program consists of a user's guide with participant sheets and a 30 minute video tape.

Source

Robin Miller
Temple University Center for Research in Human Development and Education
Ritter Annex, Room 968
13th and Cecil B. Moore Avenue
Philadelphia, Pennsylvania 19122
(215) 204-4622

Small Wonder!

Merle B. Karnes, Ph.D.

Description

Infants and toddlers are the focus of this activity program which is structured and packaged for two levels. The first level covers children from infancy to 18 months old. The second level is designed for children from 18 months to 36 months old. The program includes advice about physically disabled or developmentally delayed children. Head Start staff seeking activity plans may enjoy using the materials.

Components

Materials for each level include: a user's guide which outlines normal developmental milestones and addresses delayed and disabled children; activity cards; storytelling and language development materials; a progress chart; and hand puppets. The level two material includes recorded songs.

Source

American Guidance Service
4201 Woodland Road
P.O. Box 99
Circle Pines, Minnesota 55014
(800) 328-2560 or (800) 247-5053 (MN)

Strengthening Stepfamilies

Description

Participants in this program learn about how values can differ and about the complexity of relationships in stepfamilies. The program offers activities to address the special challenges stepfamilies face. Head Start stepfamilies identified by staff as needing help may benefit from the program which includes activities for home use.

Components

The complete kit includes: a leader's guide; a participant's handbook; a packet of activities for home use; three audiotapes; and leader aids for use in five sessions.

Source

American Guidance Service
4201 Woodland Road
P.O. Box 99
Circle Pines, Minnesota 55014
(800) 328-2560 or (800) 247-5053 (MN)

Tips on Parenting Strategies (TOPS)

Leon Canerot

Description

Developed by a member of the Santa Clara County Head Start Program, the goals of this course presented in five or six sessions is to provide a supportive setting for parents to share ideas and concerns about parenting; examine beliefs, values, and expectations; increase abilities to communicate; plan strategies to teach responsible behavior; and foster a happy and nurturing family environment. It is suitable for families from culturally diverse backgrounds.

Components

The material is presented in a manual.

Source

TOPS/Head Start
100 Skyport Drive, MC 225
San Jose, California 95110-1374
(408) 453-6947

T is for Touching

A Sexual Abuse Prevention Program

Description

This is a three part series designed to assist preschool and day-care providers and teachers of slightly older children in discussing prevention with groups of children. It can be used to help parents reinforce prevention skills and parent trainers can introduce these important concepts to parents.

Components

The three segments are entitled "T is for Touching," "H is for Helpers," and "P is for Prevention." A manual accompanies the video series.

Source

Red Flag Green Flag Resources
Rape and Abuse Crisis Center, Box 2984
Fargo, North Dakota 58108
(800) 627-3675

TLC: Talk Listen Care Kit

Description

Preparing parents to answer questions about sex, AIDS, and related subjects is the purpose of this kit which offers information about how to talk with children from age 4 to teenagers. It can be used by Head Start staff to train parents needing this information.

Components

The kit contains five books for parents, one of which is appropriate for small children, games and activities, and pamphlets on a variety of topics for both parents and children.

Source

The Harvard Community Health Plan Foundation
27 Mica Lane
Wellesley, Massachusetts 02181
(617) 431-6510
(701) 293-7298

The Video Basics of Family and Parenting Relationships

Description

This is a series featuring Dr. Mike Giammateo, a family expert. In the videos, he explains concepts relevant to family communication and parenting. The material is fast paced and humorous. The videos are suitable for use by Head Start parent trainers.

Components

Seven videos can be purchased as a set or separately on topics such as an introduction to parenting, an introduction to the family, and talking to parents.

Source

The School Company
P.O. Box 5379
Vancouver, Washington 98668
(800) 543-0998

Empowering Families: Home Visiting and Building Clusters

Urie Bronfenbrenner, Ph.D.

Description

This series of workshops is designed to help home visitors and facilitators of parent groups identify, acknowledge, and reinforce families' strengths. There are three workshops in the complete series. They stress that parents are the experts on their children, nurturing families can take many forms, and cultural differences are valuable and should be showcased. Head Start staff seeking material which emphasizes the positive aspects of families with a variety of structures and cultures may wish to consider this series.

Components

Each set includes a detailed facilitator's manual and handbook, posters, fact sheets, participant activity cards, audio-cassettes, and handouts.

Source

Distribution Center - M
7 Research Park
Cornell University
Ithaca, New York 14850
(607) 255-7660

Getting Involved: Workshops for Parents

Ellen Frede

Description

Parent participation is stressed in this workshop series. The activities are designed so that everyone can be successful. Parents work in small groups on math, science, reading, writing, and problem solving concepts that they can try with their children. Head Start parents interested in helping their children succeed by reinforcing learning at home will be interested in this program.

Components

A book outlining over one hundred parent meeting activities.

Source

High/Scope Press
600 North River Street
Ypsilanti, Michigan 48198
(313) 485-2000

How To Talk So Kids Will Listen & Listen So Kids Will Talk

Description

Communication skills are discussed and practiced during workshops based on a successful book by the same name. Head Start families interested in enhancing communication will be interested in participating in workshops conducted by staff.

Components

A kit consists of a leader's guide, parent's workbooks, materials for role play, and audiotapes of seven workshops.

Source

The Negotiation Institute
341 Madison Avenue, 20th Floor
New York, New York 10017
(212) 986-5555

Individualized Workshops
Lonnie Carton, Ph.D.

Description

Dr. Carton participates personally in workshops intended to educate about how best to train parents in the skills they need to succeed with their children. She can also make available audio tapes which address strategies for working successfully with children.

Components

Workshops are designed to meet the needs of the audience.

Source

Dr. Lonnie Carton
P.O. Box 204
Learning Center
Newtown Branch
Boston, Massachusetts 02258
(617) 332-7472

MegaSkills

Description

Educators, administrators, community leaders, and other professionals who work with families and conduct parent meetings are the audience for these workshops. The theme is forming effective partnerships for children's education. Head Start staff including Home Visitors may find the material helpful in planning parent training.

Components

A series of workshops and booklets.

Source

Home and School Institute
MegaSkills Education Center
1201 16th Street, N.W.
Washington, D.C. 20036
(202) 466-3633

Parenting in a TV Age
A Media Literacy Workshop Kit on Children and Television

Description

This workshop provides a step-by-step process to help parents learn to analyze the media, what to teach their kids, and how to develop their own criteria for what to select and what to reject. In four sessions, parents explore and identify five basic things children should know about TV; how commercials target and sell children; how to set family standards for violence; and how to improve children's television for all children in the community.

Components

The kit contains a step-by-step leader's guide for each session; a 16 page booklet of handouts which may be reprinted; three booklets for leader preparation.

Source

Center for Media and Values
1962 So. Shenandoah Street
Los Angeles, California 90034
(310) 559-2944

Parenting: The Underdeveloped Skill

Description

Some sessions of this workshop are appropriate for parents of preschool children. Sixteen topics are addressed including self-esteem, stress, decision making, diet, and smoking. This is a joint project of the National Parent Teacher Association (PTA) and the March of Dimes. Head Start staff seeking parenting education material on a wide range of topics may wish to examine this packet.

Components

The packet includes information, meeting ideas, parenting tips, and resource listings.

Source

National PTA Order Department
700 North Rush Street
Chicago, Illinois 60611-2571
No phone orders.

Project PACT (Parents and Children Together)

Description

PACT lessons are intended to be used by a teacher with a parent and then by the parent at home with the child. The lessons introduce concepts that a child can learn from a parent, and may involve a parent mastering new skills. The goal of the lessons is to teach children that learning can be fun. Head Start staff including Home Visitors may find this to be useful parenting education material.

Components

PACT lessons are in the form of an easy-to-read guide for parents as students and as teachers.

Source

U.S. Department of Education
Project SA 402
Division of Adult Education and Literacy Clearinghouse
400 Maryland Avenue, S.W.
Washington, D.C. 20202-7240

SECTION I
PARENTING EDUCATION MATERIALS

PUBLICATIONS

The materials in this section of the Resource Directory include books, booklets and other short pieces, such as fact sheets, magazines, and newsletters. Most of the materials would be of interest to parents, although some resources are primarily for staff use. The resources are low cost and easy-to read. Many were recommended by Head Start staff.

Activities for Children with Special Needs

Description

This book provides lists and descriptions of activities for children whose play may be limited by disabilities or temporary incapacity, such as limb fractures and hospitalization. The book also provides information about play materials which can be made, and appropriate play equipment. Head Start staff helping parents of disabled or sick children may find helpful tips to share in this helpful book.

Source

Association for the Care of Children's Health (ACCH)
7910 Woodmont Avenue, Suite 300
Bethesda, Maryland 20814
(301) 654-6549

Ages and Stages: Developmental Descriptions and Activities Birth Through Eight Years

K. Miller

Description

Developmental periods and the activities associated with children during these periods are the topics of this book. Its purpose is to help parents develop appropriate expectations for children and respect children's drive to learn and develop. Examples of appropriate activities to do with children are also provided. Head Start parents and staff may find this book useful as a reference.

Source

Telshare
24 Breakwater Drive
Chelsea, Massachusetts 02150
(617) 884-4404

As A Child Grows
Rosanne Keller

Description

The needs of young children at various stages of development are discussed in this book which covers the first five years of life. It encourages parents to see their children as real people. The material is simple and straight-forward and suitable for Head Start parents seeking a practical guide.

Source

New Readers Press
1320 Jamesville Avenue, Box 131
Syracuse, New York 13210
(315) 422-9121

Babies with Down Syndrome
A New Parents' Guide
Karen Stray-Gunderson

Description

This book provides information about medical concerns, daily care, family life, development and education, and legal rights of persons with Down Syndrome. Parents share their perspectives at the end of each chapter. The book includes a reading list and resource guide. It is appropriate for Head Start parents who have a child with this syndrome, or for staff working with families affected by this disability.

Source

Woodbine House
5615 Fishers Lane
Rockville, Maryland 20852
(301) 468-8800

Bringing Out the Best
J. Saunders and P. Espeland

Description

This resource offers tips about how to provide an environment rich in possibilities while letting a child enjoy childhood. It is appropriate for Head Start staff working with parents and for Head Start parents.

Source

Free Spirit Publishing
400 1st Avenue, North
Minneapolis, Minnesota 55401
(800) 735-7323

Building Self-Esteem in Children
Patricia H. Berne and Louis M. Savary

Description

There is an emphasis in this book on the importance of helping children feel valued and ensuring that they experience success. Techniques for assuring success and building caring relationships are included. The suggestions are appropriate for Head Start parents' use at home or for staff use in classrooms with children.

Source

The Continuum Publishing Company
370 Lexington Avenue
New York, New York 10017
(212) 532-3650

Child of Mine
Feeding with Love and Good Sense
Ellyn Satter, RD, ACSW

Description

Infant and toddler nutrition are the topics of this guidebook for parents and professionals. The author covers feeding issues, problems, and the basics of child nutrition. It can introduce Head Start parents to information about the first stages of feeding children.

Source

Bull Publishing Company
P.O. Box 208
Palo Alto, California 94302-0208
(415) 327-3300

Circles of Friends
Robert Perske

Description

The theme of this work is that people with disabilities and their friends enrich the lives of one another. It includes true stories about how friendships formed by disabled persons cut across age groups, generations, and races and enrich everyone involved.

Source

Abingdon Press
P.O. Box 801
Nashville, Tennessee 37202
(615) 749-6792

The Difficult Child
Stanley Turecki and Leslie Tonner

Description

The authors of this book give practical advice about how to lessen the strain on the family while raising a difficult child. The book promotes a blame-free approach to understanding problem behavior. Head Start parents can learn how to identify areas of difficulty, respond to specific conflict situations and offer love and support while managing difficult problems. Guidance about coping with the special demands of a difficult infant are included.

Source

Bantam Books
666 Fifth Avenue
New York, New York 10103
(800) 223-6834 ext. 9479 or (212) 765-6500

Discipline Without Shouting or Spanking
Practical Solutions to the Most Common Preschool Behavior Problems
Jerry Wyckoff, Ph.D. and Barbara Unell

Description

This book offers concrete suggestions to avoid emotional outbursts due to a child's behavior problems. Parents can use this as a reference tool by looking up behavior problems and reading about solutions. The book could be useful to Head Start staff and parents.

Source

Meadowbrook Press
18318 Minnetonka Blvd.
Deephaven, Minnesota 66391
(612) 473-5400

The Dynamic Infant
Activities to Enhance Infant and Toddler Development
Rebecca Anne Bailey and Elsie Carter Burton

Description

The fact that children are agents in their own development is a theme of this book. The book can help the reader appreciate infants' and toddlers' need for movement. It also provides ideas about meeting those needs. Head Start staff involved in working with infants and toddlers may be interested in the book, and in explaining the concepts to interested parents.

Source

Redleaf Press
450 North Syndicate Avenue, Suite 5
St. Paul, Minnesota 55104
(800) 423-8309

First Feelings: Milestones in the Emotional Development of Your Baby and Child

S.N. Greenspan

Description

The focus of this book is children's emotional growth. It helps families to chart developmental milestones, prevent and correct behavioral and emotional difficulties, and evaluate responses to their baby. It is a useful guide for staff and Head Start parents.

Source

Viking Penguin, Inc.
375 Hudson Street
New York, New York 10014
(212) 366-2000

Guidance of Young Children

M. Marion

Description

This resource includes practical suggestions to help children learn control and to develop into competent human beings concerned with others. It is a useful guide for parent trainers and Head Start parents.

Source

MacMillan Publishing
Front and Brown Streets
Riverside, New Jersey 08075
(800) 257-5755

Helping Young Children Develop through Play: A Practical Guide for Parents, Caregivers and Teachers

J.K. Sawyers and C.S. Rogers

Description

This easy-to-read overview for practitioners explains why play is so important to children's learning. Contains detailed practical suggestions on how adults can foster play with infants, toddlers, preschoolers, and school-age children. This will be of interest to Head Start staff and useful in parent training sessions.

Source

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800) 424-2460 or (202) 232-8777

Hope for the Families

Robert Perske

Description

Helping parents of a child with a disability cope with their unique problems is the focus of this book. It stresses the many ways that parents and families can overcome their fears and inhibitions. Topics include changing world views, human dignity, and how to explore opportunities.

Source

Abingdon Press
P.O. Box 801
Nashville, Tennessee 37202
(615) 749-6792

How to Get Your Kid to Eat...But Not Too Much

Ellyn Satter, RD, ACSW

Description

Stressing a healthy attitude toward food, the author describes common eating problems faced by parents and offers concrete advice about correcting the problems. It can be a helpful resource for Head Start parents facing challenges about food.

Source

Bull Publishing Company
P.O. Box 208
Palo Alto, California 94302-0208
(415) 322-2855

How to Talk So Kids Will Listen and Listen So Kids Will Talk

Adele Faber and Elaine Mazlish

Description

Head Start parents can learn practical methods to handle common parenting problems, such as finding alternatives to punishment and helping children achieve a positive self-image. The book includes cartoons to reinforce principles.

Source

Avon Books
Press Office
Box 767
Dresden, Tennessee 38225
(800) 223-0690

I Can Do It! I Can Do It!
135 Successful Independent Learning Activities

LaBritta Gilbert

Description

Intended for teachers, this program includes activities which can help them individualize learning. Topics include: discrimination; dexterity; ABC's and 123's; life arts; and constructions. There are also tips about properly organizing the classroom and materials. Many activities can be used in the home. Both Head Start teachers and Home Visitors may have use for the program.

Components

Background information about individualized learning is supplemented with activities with instructions about how to replicate them.

Source

Gryphon House, Inc.
P.O. Box 275
Mt. Rainier, Maryland 20712
(800) 638-0928 or (301) 779-6200

Kicking Your Stress Habits: A Do-It-Yourself Guide for Coping with Stress

Donald A. Tubesing

Description

Five chapters of this book address stress management skills and individual exercises are offered throughout to provide readers with hands-on experience in identifying and controlling stress. The book offers a comprehensive overview of stress control. Head Start parents seeking coping skills may enjoy the approach.

Source

Whole Person Associates
210 West Michigan St.
Duluth, Minnesota 55802
(800) 247-6789 or (218) 727-0500

The Kidfun Activity Book

S. Feldcher and S. Lieberman

Description

The routine events of the household are the basis for the more than 250 activities offered in this book for parents of children between two-and-a-half and eight. It offers suggestions to turn pleasant interactions into learning experiences.

Source

Harper & Row/HarperCollins
10 East 53rd Street
New York, New York 10022
(212) 207-7000

Learning All the Time
John Holt

Description

The author believes that small children begin to read, write, count, and investigate the world without being taught. The book stresses that parents without special training can give their children whatever slight assistance may be necessary with tact, patience, attention, and readily available information. This can be valuable information for staff to share with parents in training sessions.

Source

Addison Wesley Publishing
1 Jacob Way
Reading, Massachusetts 01867
(800) 447-2226 or (617) 944-3700

Loving Your Child Is Not Enough: Positive Discipline that Works
N. Samalin and M.M. Jablow

Description

The advice in this book is drawn from education, the comments of parents, and experience with children. Chapters address the pitfalls of certain methods of discipline, and how best to approach situations requiring discipline. The book is appropriate for Head Start staff working with parents and Head Start parents. Also available in audio.

Source

Viking Penguin, Inc.
375 Hudson Street
New York, New York 10014
(212) 366-2000

Meals Without Squeals
Child Care Feeding Guide & Cookbook
Christine Berman, MPH, RD and Jacki Fromer

Description

Offering the basics of good nutrition, this book combines feeding and nutrition information with clear menus and recipes. It covers specific problems and concerns and stresses multi-cultural appreciation and sound eating habits. It can be used by Head Start parents or staff interested in teaching the basics of nutrition.

Source

Bull Publishing Company
P.O. Box 208
Palo Alto, California 94302-0208
(415) 327-3300

Middle of the Night Baby Book: Answers to Questions When No One's Around
N. Belbas, J. Smerlinder and M.K. Stranik

Description

This is a resource book for parents with answers to typical parenting questions and concerns. It is an easy-to-use mini-encyclopedia that helps parents of infants and toddlers find information when they need it most.

Source

MELD
123 N. 3rd Street, 5th Floor
Minneapolis, MN 55401
(612) 332-7563

The (No Leftovers!) Child Care Cookbook
Jac Lynn Dunkle and Martha Shore Edwards

Description

Meal planning for children is presented in this cookbook which offers methods to adapt recipes for small or large groups. It also includes nutrition information for children and reference charts. Can be useful to Head Start staff and parents.

Source

Redleaf Press
450 North Syndicate Suite 5
St. Paul, Minnesota 55104-4125
(800) 423-8309 or (612) 641-0305

---

101 Amusing Ways to Develop Your Child's Thinking Skills and Creativity

S. Simon

Description

Designed for children from preschool through third grade, the activities in this book can develop thinking skills in important areas. These include logic and classification, reading and language arts, math, science, and social studies, motor development and self-awareness, art and creativity. This would be useful to Head Start staff working with families to help them structure learning activities at home.

Source

Contemporary Books, Inc.
180 North Michigan Avenue
Chicago, Illinois 60601
(312) 782-9181

1001 Things to Do with Your Kids

C.W. Krueger

Description

This book offers 1001 ideas for activities to do with children from toddlerhood through to the teen years. The ideas are intended to make ordinary family events more enjoyable and educational. This would be a useful resource for Head Start staff to use with families seeking ideas to enhance daily living.

Source

Abingdon Press
P.O. Box 801
Nashville, Tennessee 37202
(615) 749-6792

Parents In A Pressure Cooker
J.E. Bluestein and L. Collins

Description

The focus of this book is creating a loving home environment in which the needs of all family members are considered. It helps parents encourage cooperation and communication. Head Start parents may find the book's emphasis helpful.

Source

Kid Love Unlimited
25932 Prairiestone Drive
Laguna Hills, California 92653
(714) 643-9422

Parents, Please Don't Sit on Your Kids: A Parent's Guide to Nonpunitive Discipline
C. Cherry

Description

Discipline strategies and ways to cope with inappropriate behavior are the subjects of this book. Examples are cited with suggested solutions to teach the child how best to handle situations which prompt outbursts and defiance.

Source

Fearon Teacher Aides
P.O. Box 280
Carthage Illinois 62321
(800) 242-7272

Pathways to Play
Sandra Heidemann and Deborah Hewitt

Description

Based on the assumption that play skills are life skills, this book is designed to help children grow in social competency by supporting cooperative play. A checklist pinpoints problems and new activities can be designed to encourage new skill development. Useful for Head Start staff and for training parents.

Source

Redleaf Press
450 North Syndicate Suite 5
St. Paul, Minnesota 55104-4125
(800) 423-8309 or (612) 641-0305

Reducing Stress in Young Children's Lives
Jan McCracken

Description

The book explains what young children find stressful and how to limit the stress in their lives. It covers the strains of growing up, as well as special problems. Head Start parents and teachers can find tips to help children deal successfully with problems.

Source

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800) 424-2460 or (202) 232-8777

The Revised Mother's Almanac
M. Kelly and E. Parsons

Description

The developmental milestones for children from newborn to age six are outlined in this humorous book. Appropriate activities are also offered as methods of nurturing children during their many stages of growth. Head Start parents and staff involved with training parents may be interested in the book.

Source

Doubleday and Company
666 5th Avenue
New York, New York 10103
(800) 765-6500 or (212) 553-4561

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too

Adele Faber and Elaine Mazlish

Description

Illustrated by the experiences of parents, this book suggests how to reduce antagonism between siblings. Cartoons reinforce techniques for promoting cooperation rather than competition.

Source

Avon Books
Press Office
Box 767
Dresden, Tennessee 38225
(800) 223-0690

Six Point Plan for Raising Happy Healthy Children

John Rosemond

Description

This is a guide for creating a family that brings out the best in every family member. It offers common sense in child rearing. A three hour audio-cassette series also covers the topics in the books and is available from the source below.

Source

Andrews and McMeel
4900 Main Street
Kansas City, Missouri 64112
(816) 932-6700

Solve Your Child's Sleep Problems
Richard Ferber, M.D.

Description

Children who have problems with settling down to sleep or who get up after bedtime are the subject of this practical book for parents. The author offers suggestions about how to handle situations which typically arise in children ages one to six. Head Start parents seeking advice about sleeplessness would find this book helpful.

Source

It is available in paperback in local bookstores.

SOS! Help for Parents
Lynn Clark, Ph.D.

Description

Methods and skills for helping children modify their behavior are presented in non-technical language in this four section book. The book offers appendices for parents and professionals to help them deal with special problems and seek further resources. This is a reference tool which can be used by both Head Start staff and parents.
Audios, videos and kits are available on these topics from the source below.

Source

Parents Press
P.O. Box 2180
Bowling Green, Kentucky 42102
(502) 842-4571

Teaching Children About Food
A Teaching and Activities Guide
Christine Berman, MPH, RD and Jacki Fromer

Description

Cooking and gardening activities for children are included in this book which teaches children an understanding of the relationship between food and the environment. It includes ways to teach appreciation for cultural diversity regarding food choices and preparations. This would be helpful to Head Start staff and parents seeking tips about training children about food.

Source

Bull Publishing Co.
P.O. Box 208
Palo Alto, California 94302-0208
(415) 322-2855

Things to Do with Toddlers and Twos
K. Miller

Description

This reference and a companion, More Things to do with Toddlers and Twos, provide hundreds of ideas for activities. Tips about learning and development are also offered. This is suitable for first time Head Start parents.

Source

Telshare
24 Breakwater Drive
Chelsea, Massachusetts 02150
(800) 343-9707 or (617) 884-4404

Touchpoints
T. Berry Brazelton, M.D.

Description

This three part book covers developmental stages of children under age six, emotional and behavior problems, and the role of the important people in a child's life. The "touchpoints" are the spurts of development and the accompanying periods of regression throughout childhood. This can be used as a reference book by both Head Start staff and parents.

Source

Addison-Wesley Publishing Company
1 Jacob Way
Reading, Massachusetts 01867
617) 944-3700 ext. 2242

You're a Better Parent Than You Think! A Guide to Common Sense Parenting
R. Guarendi

Description

Practical methods to manage children's behavior are offered in this book which suggests ways to handle the stresses of child rearing. Parent trainers and Head Start parents may find the book helpful.

Source

Simon and Schuster
200 Old Tappan Road
Old Tappan, New Jersey 07675
(800) 223-2336

Your Baby: The First Twelve Months
W. Sears

Description

Useful as a reference for parents, this book includes a month-by-month account of infant development during the first year. Each month's list includes developmental milestones in four areas: physical development, language, personal, social, and intellectual.

Source

Barron's Educational Series
P.O. Box 8040
250 Wireless Blvd.
Hauppauge, New York 11788
(800) 645-3476 or (515) 434-3311

Your Child's Self Esteem
Dorothy Corkille Briggs

Description

Step-by-step guidelines for raising responsible, productive, happy children are offered in this practical book. It can be used as a reference tool by staff to guide parents seeking information about raising self-esteem.

Source

Doubleday/Bantam Doubleday Dell
1540 Broadway
New York, New York 10036
(212) 354-6500

Your Three-Year-Old
Louise Bates Ames, Ph.D. and Frances L. Ilg, M.D.

Description

One of a series of short books about children from one to eight (all available from the source below), this book features characteristics of the three year old and offers reference materials and suggestions for parents. The book is an easy-to-read reference which could be helpful to Head Start parents.

Source

Bantam Doubleday Dell
666 Fifth Avenue
New York, New York 10103
(212) 765-6500
(800) 223-0690

Buckle Up Baby!

Description

Available at no charge in quantities up to 100, this brochure provides detailed information about the installation and use of child safety seats; choosing a child safety seat; and instilling safety habits.

Source

The National Automobile Dealers Association
8400 Westpark Drive
McLean, Virginia 22102

Coping

Description

The Canadian Mental Health Association prepared this series of brochures which offer coping strategies for adults facing common problems. Problems include unemployment, growing older, bereavement, mental illness and divorce. The set could be helpful to Head Start parents who need assistance, or to staff interested in materials to distribute to families with problems.

Source

National Mental Health Association
Publications Division
1021 Prince Street
Alexandria, Virginia 22314-2971
(703) 684-7722

Facts for Families

Description

The American Academy of Child and Adolescent Psychiatry (AACAP) distributes double-sided single sheets of information. Topics include: children and divorce; depressed children; learning disabilities; bedwetting; and others. Head Start parents raising children facing problems may be interested in the information sheets. Single copies are free.

Source

For a complete list of titles and an order form, contact:
AACAP Public Information
3615 Wisconsin Avenue, N.W.
Washington, D.C. 20016
(202) 966-7300

Finding the Best Care for Your Infant or Toddler
Laura Dittman

Description

This brochure describes good care for infants and toddlers, the types of care available, how to find care, and child care costs. The publication would be useful to Head Start parents seeking adequate care for young children while working or seeking work.

Source

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800) 424-2460 or (202) 232-8777

For Kids Sake

Description

Common toy hazards are listed in this booklet for parents. It explains how to buy, maintain and store toys, and could be useful in parent training sessions.

Source

U.S. Consumer Product Safety Commission
Washington, D.C. 20207

For Parents' Sake: A Survival Kit for Parents and Kids

Description

Setting realistic expectations is the theme of this booklet. It focuses on stages of development and offers suggestions for dealing with stress. This is a free resource which may interest Head Start parents.

Source

Oklahoma State Department of Health, Child Guidance Service, Office of Child Abuse Prevention
1000 NE 10th Street
Oklahoma City, Oklahoma 731171299
(405) 271-4477

Growing Together

Description

This series of parenting booklets provides practical information about the first three years of life. The books are short, attractively illustrated and easy to read. The Head Start Bureau funded this project jointly with U.S.D.A.'s Extension Service and the booklets are appropriate for Head Start parents.

Source

Liz Tuckermandy
Human Development and Family Relations Program
Extension Service
United States Department of Agriculture
Room 3444, South Building
Fourteenth St. and Independence Ave., S.W.
Washington, D.C. 20250-0900
(202) 720-3261

Helping Children Learn about Reading

Judith A. Schickedanz

Description

Interesting children in reading is the topic of this brief pamphlet. It includes suggestions for use with children from infancy through school age and book lists for children from two months through five years of age. This is appropriate for Head Start parents interested in literacy and for staff to share with Head Start families. Single copies are free.

Source

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800) 424-2460 or (202) 232-8777

Keeping Your Baby Healthy: A Practical Manual for Black Parents

S. Dennis

Description

How to care for mother's and baby's health during the prenatal period and first year of a child's life are the topics of this booklet. It offers helpful information and advice to parents with particular attention to childbearing and early child rearing. It also contains resource information and a list of publications offered by the source agency. Head Start parents may find the guide useful.

Source

National Black Child Development Institute
1463 Rhode Island Avenue, N.W.
Washington, D.C. 20005
(202) 387-1281

Kids in Action

Description

Ways to encourage children to be physically active are offered in this free booklet. The first section contains activities for children ages 2-6 with variations to accommodate children's different abilities. The booklet encourages parents to become involved in their child's fitness routine. The pamphlet can be useful to Head Start staff and parents.

Source

Kellogg Company
P.O. Box CAMB
Battle Creek, Michigan 49016-1986
(800) 962-1413

Kids Worry Too

Description

Children who face the hospitalization of a parent, brother, or sister can be frightened. They may be separated from their worried parents and be in an unfamiliar setting. This brochure was written to help readers understand the concerns of children in this situation, and provides suggestions to help children cope at this time. It can be useful to Head Start families with a hospitalized member.

Source

University of Nebraska Hospital
Child Life Department
Room 4145
University of Nebraska Medical Center
600 South 42nd Street
Omaha, Nebraska 68198-2165

Mendota Child Management Technique Sheets

Description

The Mendota Mental Health Institute developed sheets for parent use in written and cartoon form. Each sheet deals with an aspect of adults' relationships to children to help the reader become aware of what is important in the adult's behavior. Some topics include consistency, discipline, listening, mood change, how to praise, timeout, transitions, and modeling. One set will be provided free of charge. The sheets are appropriate for use by parents of preschool children or parent trainers.

Source

Mary Ann Fahl, HCT
Mendota Mental Health Institute
301 Troy Drive
Madison, Wisconsin 53704
(608) 244-2411 ext. 482

National Committee for the Prevention of Child Abuse Materials

Description

A comprehensive selection of materials for parents covers discipline, parenting skills, stress management,and controlling physical and emotional abuse. These are worthwhile for parent training sessions. Titles include the following and others:

Child Discipline: Guidelines for Parents
Getting New Parents Off to a Good Start
Growth and Development Through Parenting
How to Teach Your Children Discipline
I Hear You
Parents and Stress
Stress and the Single Parent
What Every Parent Should Know

Source

National Committee for Prevention of Child Abuse
Fulfillment Center
200 State Road
South Deerfield, Massachusetts 01373-0200
(800) 835-2671

Notes for Parents
James L. Hymes, Jr.

Description

This material is a series of nineteen separate sheets about child development and early childhood education. Each sheet is designed to be distributed to parents. Head Start staff may find the material useful for parent education.

Source

Hacienda Press
P.O. Box 1445
Cupertino, California 95101-1445

Our Children's Self-Esteem

Mary Nelson

Description

There are tips in this pamphlet to help staff train Head Start parents about self-esteem including: what it is; its effects; how to recognize it; and the conditions of self-esteem. It also includes tips about how to help children grow up to be successful, content and responsible.

Source

ETR Associates
P.O. Box 1830
Santa Cruz, California 95061-1830
(800) 321-4407

Parent Express

A Series of Booklets for Parents of Infants and Toddlers

Description

Three series of booklets are available from the source. Two of the series, one available in ENGLISH and one in SPANISH, deal with infants. They each contain 15 booklets about becoming a parent and living with and stimulating infants. The toddler series contains 12 issues each covering 2 months of the toddler years from 13 months to 36 months. The booklets are large, illustrated, and easy-to-read 8 page versions which could be enjoyed by Head Start parents or used by parent trainers.

Source

ANR Publications
University of California
6701 San Pablo Avenue
Oakland, California 94608-1239

A Parent's Guide to Early Childhood Education

Description

By reading this booklet, available in both ENGLISH and SPANISH, parents can gain useful information about how children learn, the importance of play to learning, and the importance of not rushing a child into an educational setting. Head Start staff may find the booklet useful in a parenting education session.

Source

Teaching Strategies, Inc.
P.O. Box 42243
Washington, D.C. 20015
(202) 362-7543

Partners in Language: A Guide for Parents

Description

This three booklet set is designed specifically for parents. The information about children's language development as babies, toddlers, and young children helps to increase parents' awareness of potential problems. Language stimulation techniques are presented and booklets are written in both SPANISH and ENGLISH. Also available is a brochure including a helpful checklist, *How Does Your Child Hear and Talk?* This is also printed in both ENGLISH and SPANISH. Head Start parents who are concerned about speech or hearing will find these materials useful.

Source

Write for a catalogue:
American Speech Language Hearing Association
Publication Sales
10801 Rockville Pike
Rockville, Maryland 20852
(301) 897-5700

Play Brochures

Description

Three brochures offer parents ideas for interacting with their very young children. The activities are designed to help parents begin understand the capabilities, interests, and needs of children during particular stages of development. The titles are "Parent/Child Activities When Baby is Three Months Old or Younger," " Toys and Games for Babies," and "Toys, Activities, Books, etc." They are appropriate for Head Start parents.

Source

MELD
123 N. 3rd Street, 5th Floor
Minneapolis, Minnesota 55401
(612) 332-7763

Ready or Not: What Parents Should Know About School Readiness

Description

Tips are included for parents so they can help prepare their children to succeed in school. It also describes readiness as a two-way street with responsibilities for parents and schools. This brochure can be offered during parent and staff training.

Source

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800) 424-2460 or (202) 232-8777

Scriptograhic Booklets

Description

The following booklets may be ordered by Head Start staff in quantity for parent training sessions. These and other booklets are available on the following topics: parenting;

child health and welfare; family crisis; family safety; and child development.

About Getting Along at Home
About Missing Children
About Parenting
Child Development from 3 to 6 Years Old
What Every Parent Should Know About Keeping a Child I.D. File
Why Get Involved in Your Child's Education

Source

Call for a catalogue of materials:
Channing L. Bete Company
200 State Road
South Deerfield, Massachusetts 01373
(800) 628-7733 or (413) 665-7611

Survival Guide for Parents

Description

Developed to help both new and experienced parents understand child development, this booklet provides valuable tips about discipline, self-esteem, stress, and child care. It is colorfully illustrated and easy-to-read.

Source

The New Jersey Governor's Task Force on Child Abuse and Neglect
CN 717
Trenton, New Jersey 08625
(609) 292-0888

Teaching Early Readers

Description

This free pamphlet offers tips for parents to encourage reading skills in children. It explains how to motivate a

52

child to read and offers reading techniques for working with children. Head Start parents may find the tips helpful.

Source

Story House Corporation
1 Bindery Lane
Charlotteville, New York 12036
(800) 847-2105

Teaching Young Children to Resist Bias
What Parents Can Do
Louise Derman-Sparks, M. Gutierriez and C.B. Philips

Description

This short piece offers tips for parents and teachers which will help children appreciate diversity. The fold-out brochure can also help children deal with bias they may experience. This is written with a great deal of sensitivity to multicultural issues and would be an aid in parent training.

Source

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800) 424-2460 or (202) 232-8777

Weekly Readers
Lonnie Carton, Ph.D.

Description

This is a series of 48 brochures offering short strategies to help parents work with their children at home. Topics include: expressing feelings; setting limits; setting examples; having fun; the power of praise; and solving problems. The readers are available in ENGLISH and SPANISH and can be offered by Head Start staff to parents to help them cope with children who are preschool age.

Source

Dr. Lonnie Carton
P.O. Box 204
Learning Center
Newtown Branch
Boston, Massachusetts 02258
(617) 332-7472

What Will I Tell the Children?
Jacque Bell and Linda Esterling

Description

The information in this brochure describes children's understanding of death and behaviors children may exhibit following a death of a loved one. General guidelines are provided for discussing the death of a family member or a friend with a child.

Source

University of Nebraska Medical Center
600 South 42nd Street
Omaha, Nebraska 68198-2165
(402) 559-6775

Your Child's Teeth

Description

Color photos and simple language present what a parent needs to know about dental care and development for children. This would interest parent trainers and Head Start parents.

Source

American Dental Association
Department of Salable Materials-Order Processing
211 East Chicago Avenue
Chicago, Illinois 60611-2678
(800) 947-4746

Child

Description

This parent's magazine is published monthly and contains a variety of articles which apply to parents of preschool children. Topics have included: nurturing; behavior; learning disabilities; toys; and coping with changes. The table of contents is color-coded by age categories to help readers find articles quickly that may interest them. Photographs are multicultural. This is a subscription magazine also available on newsstands.

Source

Child
P.O. Box 3173
Harlan, Iowa 51593-2364
(800) 777-0222

Child Care Information Exchange

Description

The audience of this magazine is child care directors. It has a multicultural focus and offers articles on child development issues, curriculum, health and safety, issues and trends, leadership, and staff development. The magazine is published bimonthly and cumulative indexes to past articles are available.

Source

Child Care Information Exchange
P.O. Box 2890
Redmond, Washington 98073
(800) 221-2864

First Teacher

Description

This bi-monthly magazine for parents and teachers of young children includes specific ideas, recipes and guidelines with step-by-step procedures. Back issues can be ordered on such topics as children's literature, multicultural, water play, travel, and health. The magazine is available by subscription.

Source

First Teacher
Box 6781
Syracuse, New York 13017
(800) 825-0061 or (617) 893-7274

Parenting

Description

Topics included in this monthly magazine cover: finances; pregnancy; career; language development; single parenting; and others. The features cover ages and stages by categories, such as 0-1, 1-2 and 3-5 year olds. This publication is available in libraries, by subscription, and on newsstands.

Source

Parenting
Subscription Department
Box 52424
Boulder, Colorado-80321-2424

Parent's Digest

Description

This is a Ladies' Home Journal quarterly for parents only available on newsstands. It is topical, upbeat, and has a variety of articles to interest parents of preschool children. Sections cover: health; emotions; development; and topics of general interest, such as toys.

Source

It is available quarterly on newsstands.

Parents Magazine

Description

This is a subscription magazine also available on newsstands and in some libraries. It features articles on child development and addresses the concerns of parents of children in infancy through early teen years.

Source

Parents Magazine
P.O. Box 3055
Harlan, Iowa 51593-4119
(800) 727-3682

Parents can also call (900) 903-KIDS to hear one of 50 different child rearing topics discussed for $0.95 per minute.

Pre-K Today

Description

Childcare providers will find this magazine interesting. It includes feature articles providing tips and advice; color-coded activity plans for 2 to 5 year olds; a section for parents including permission to duplicate; and color posters to share with children.

Source

Scholastic Pre-K Today
P.O. Box 54813
Boulder, Colorado 80323-4813
(800) 544-2917 or (201) 939-8050

PTA Today

Description

Published monthly from October through May, this magazine targets parents and educators. It contains a section which has up to 10 articles on each issue's theme and another section covering PTA news.

Source

The National PTA
700 North Rush Street
Chicago, Illinois 60611-2571
(312) 787-0977

Young Children

Description

This journal is a publication of the National Association for the Education of Young Children (NAEYC) and is available by subscription to nonmembers. The publication is issued six times each year and contains articles of interest to educators and parent trainers, a calendar of conferences, listing of new children's books, and other information about NAEYC.

Source

NAEYC
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(202) 232-8777 or (800) 424-2460

Building Blocks

Description

Parents and teachers can find activities to use with small children in this monthly 20 page newspaper. Features include a family activities calendar, activity pages, charts and posters, and other items of interest. Illustrations are large.

Source

Building Blocks
Subscription Department
38W567 Brindlewood
Elgin, Illinois 60123
(800) 233-2448

The Center for Parent Education Newsletter

Description

This is a bi-monthly publication featuring articles on important topics and current events in the field of education for parenthood. It also includes reviews of educational materials and research, listings of useful resources, notices of opportunities, etc. Back issues may be purchased. A sample copy and a description of back issues may be obtained upon request.

Source

Center for Parent Education
81 Wyman Street
Waban, Massachusetts 02168
(617) 964-2442

Child Health Talk

Description

This quarterly publication is directed to African American parents. Each issue includes general health information, and information appropriate to the issue's focus, such as summer safety tips. It would be a useful publication to have available for parents at Head Start.

Source

National Black Child Development Institute
1023 15th Street, N.W., Suite 600
Washington, D.C. 20005
(202) 387-1281

Daycare Health

Description

Published five times annually, this newsletter offers articles updating readers about early childhood group care issues. A recent issue included articles about vaccines, illness risk in day care centers, and cloth vs. disposable diapers.

Source

Mathanna Publications
Box 5351
Bellingham, Washington 98227-9970

Growing Together
Newsletter for Parents of Preschool Children

Description

Featuring easy-to-read articles and information about young children, this newsletter includes reliable information and practical advice for parents. It may be used by child care facilities as a "master" for a newsletter with their own masthead, or articles may be reproduced. This is a useful resource for Head Start parent involvement coordinators.

Source

Growing Together
P.O. Box 620
Lafayette, Indiana 47902-0620
(800) 927-7289

The Health Letter
Public Citizen's Health Research Group

Description

Concise up-to-date health information is published in this monthly newsletter. Topics include: information about doctors; medical records; food; prescription and over-the-counter drugs; important health problems; and how to protect yourself and your family. This is a valuable resource for staff and parents.

Source

Subscription Department
Public Citizen
Health Research Group
2000 P. Street, N.W., Suite 605
Washington, D.C. 20036
(202) 833-3000

ParenTalk

Description

This monthly newsletter is eight pages in length and offers concise parenting information. Subscribers also receive a bi-annual Seal of Approval report which offers parent comments on over 350 products for use by children.

Source

National Parenting Center
22801 Ventura Boulevard, Suite 110
Woodland Hills, California 91367
(800) 753-6667 or (818) 999-4060

Parents can also call to hear pre-recorded parenting information for a $1.95 for the first minute and $0.95 for each additional minute. The fee will be charged to their phone bill. They may also leave questions on a tape recorder and will later receive a written response. The number is: (900) 246-MOMS.

Parent and Preschooler Newsletter

Description

One theme is explored each month in this four page newsletter. Child development, recipes, books, and toys are examples of the topics. Back issues are available, and the newsletter is published in ENGLISH and SPANISH. Head Start parents may be interested in the topics and staff may wish to consider including back issues in parent training.

Source

Preschool Publications, Inc.
P.O. Box 1851
Garden City, New York 11530-0816
(516) 742-9557

Parent Information News Guidance

Description

Every month from August through June, issues of this newsletter are packed with articles written for parents on one theme, such as thinking skills or family values. This is a good resource to offer parents in a Head Start center.

Source

Parent Information News Guidance
194 Strand
Coloma, Michigan 49038
(616) 468-5462

Pediatrics for Parents
The Monthly Newsletter for Caring Parents

Description

Features of this health newsletter include: newsbriefs; parent alerts; book reviews; and answers to commonly asked questions. This is a 10 page publication directed to parents of young children. Staff may wish to use it as a resource during training.

Source

Pediatrics for Parents
P.O. Box 1069
Bangor, Maine 04401
(207) 942-6212

Pediatric Mental Health

Description

This bimonthly publication is targeted to professionals working with families with ill, disabled, or hospitalized children. It contains articles about parenting services, play, preparation of children for health procedures, and a bibliography. Disability coordinators may find the issues helpful in working with parents.

Source

Pediatric Mental Health
P.O. Box 571555
Tarzana, California 91357
(818) 705-3660

Special Parent/Special Child

Description

This is a newsletter appropriate for the family or professionals working with children with disabilities. It is issued six times annually and each issue covers a theme. Past themes have included behavior, psychological tests, nutrition, self-care, dealing with stress, and raising self-esteem. Back issues are available.

Source

Lindell Press, Inc.
P.O. Box 462
South Salem, New York 10590

Totline

Description

Children from 2 1/2 to kindergarten age are the focus of this 32 page bimonthly newsletter. It features learning games, language activities, recipes for nutritious snacks, and science, art, and movement activities. Appropriate for use by Head Start parents or parent trainers.

Source

Warren Publishing House, Inc.
P.O. Box 2250
Everett, Washington 98203
(800) 334-4769

SECTION I
PARENTING EDUCATION MATERIALS

AUDIO-VISUAL MATERIALS

Many parent involvement coordinators find audio-visual materials to be effective in presenting information. The resources in this section are intended to stand alone without supporting manuals, unlike the materials in the training section. Many of the resources are available for rent. Videos are in VHS format.

Money, Babies, Health, and Nutrition

Description

These audio tapes provide information and suggestions for pregnant women and parents. They can be loaned to parents or presented in training sessions. Tapes are 6 to 19 minutes per topic. Some of the subjects are: making baby food; bottle feeding; breast feeding; feeding toddlers; snacking; food safety; and shopping tips.

Source

Cornell University
Audio-Visual Center
8 Research Park
Ithaca, New York 14850
(607) 255-2091

Parenting Tapes

Description

Useful for staff and parent education programs, this set of 25 tapes, each three or four minutes long, provides practical suggestions and information about parenting concerns. Topics include: discipline, communicating; teaching responsibility; child development; nutrition; stress; and choosing child care.

Source

Resources for Family Development, Inc.
1520 Catalina Court
Livermore, California 94550
(510) 443-2727 for tapes
(510) 455-5111 for assistance

The Parents Resource Network's Lecture Library

Description

The target audience for these audio tapes is parents of children newborn through age five. The 25 tapes feature psychologists, educators, and doctors. Topics include: childhood fears; preparation for school; sleep problems; positive discipline; self-esteem; working parents; helping children at school; and how children learn best. The tapes also feature parents asking questions and discussing issues. The material is sensitive to cultural issues. The tapes would be valuable for parent training.

Source

The Parents Resource Network
P.O. Box 3054
Skokie, Illinois 60076
(708) 675-3555

The First Three Years
Dr. Burton L. White

Description

This is an eight program series, available on videocassette, about learning during the early years of life. Each program is 25 minutes in length and focuses on one of the phases of early development explained in Dr. White's book by the same name. A 55 minute summary provides an overview of the entire learning process from birth to the third birthday. The series has been translated into SPANISH.

Source

Center for Parent Education
81 Wyman Street
Waban, Massachusetts 02168
(617) 964-2442

Footsteps

Description

With adaptation and planning, this series of 20 televised parenting programs can be used for group viewing and discussion or as the basis for a Home Visitor program. The programs focus on a forming an identity, discipline, nutrition, parenting styles, and creativity. A home viewer guide contains a general discussion section for each program and practical suggestions for applying the lessons. This was developed by the Department of Education.

Source

National Audio Visual Center
8700 Edgeworth Drive
Capitol Heights, Maryland 20743
(301) 763-1896

Please note that many resources listed in the Program and Workshop sections of this guide contain video components.

Child Development: Birth to Five

Description

The developmental milestones in the first five years of life are documented in this 30 minute video. The material is presented by a variety of families from differing ethnic backgrounds and in both urban and rural settings. The video stresses how to nurture and teach young children so they can achieve their maximum potential. Both the video and an accompanying script which can be used for training are available in ENGLISH and SPANISH. This video can be used as a Head Start parent education training tool.

Source

Reflections
Educational Consulting Firm, P.O. Box 57
Lone Rock, Wisconsin 53556-0057
(608) 583-2412

Children of Royalty are Treated Royally

Lou Tice

Description

The topic of this 30 minute videotape is self-esteem. The presenter talks to a group of parents and children about the importance of self-esteem. He gives examples of poor self-concept and practical suggestions for family members to help each other build good self-esteem. This is a good training tool for a parenting class.

Source

Intelligent Heart Productions
1011 Western Avenue
Waterfront Place 800
Seattle, Washington 98101
Attn: Elsa Alvarez
(800) 426-3660

Children with Special Needs

Description

There are thirty-six video tapes in this series on each of the following topics: parent issues; professional issues; family issues; development issues; transitions, and social and therapeutic issues. The value of parent/professional cooperation is emphasized throughout. Training guides are available to accompany each tape. This material would be useful for staff dealing with children with disabilities and their parents. The 36 tapes run for 30 minutes each. Rental available.

Source

Young Adult Institute
460 W. 34th Street
New York, New York 10001
(212) 563-7474

The Family Matters

Description

This series of videos covers problems in families. It is designed to start conversation among adult viewers about family relationships. The six videos, which may be purchased or rented separately, are on the topics of working parents, parents of teenagers, people with aging parents, single parents, blended families, and parents living apart from their children. They can be used by Head Start parent involvement coordinators for training.

Source

EcuFilm
810 12th Avenue, South
Nashville, Tennessee 37203
(800) 251-4091 or (615) 242-6277

First Steps
Doctor Frances L. Bond

Description

Each of these 18 video tapes is self-contained and can be used as the basis of a group discussion. The tapes cover topics such as child development and learning, choosing quality child care, and the value of play. They also present developmentally appropriate activities and are accompanied by study guides. They vary in length from 15 to 35 minutes and are a good resource for staff development and parent education.

Source

Chip Taylor Communications
15 Spollett Drive
Derry, New Hampshire 03038
(800) 876-2447 or (603) 434-9262

Good Talking with You: Language Acquisition Through Conversation

Description

The purpose of the five tapes in this series is to train adults who work with two to five year old children on their speaking skills. The techniques would be useful for speech and language specialists, classroom teachers, and parents. Each of the 30 minute tapes concludes with a summary of content. Topics include: an introduction to language stimulation; first steps to conversation; techniques that extend conversations; facilitating child to child conversations and creating an environment that supports language acquisition. Rental available.

Source

Educational Productions
7412 S. W. Beaverton Hillsdale Highway
Suite 210
Portland, Oregon 97225
(800) 950-4949 or (503) 292-0234

Helping Your Child Succeed

Description

Realistic vignettes illustrate Boys Town's proven methods of developing parenting skills. Hosted by actress Alley Mills of "The Wonder Years," the 50 minute video targets five areas where parents can improve their chances of success: increasing self-esteem, handling new or difficult situations, solving problems, dealing with peer pressure, and recognizing and encouraging positive behavior. The video is appropriate for Head Start parent training and is available in some libraries.

Source

Boys Town Press
Father Flanagan's Boys' Home
Boys Town, Nebraska 68010
(402) 498-3200

Life With Baby
How Do the Parents Feel?

Description

This is a documentary of three families, one black and two white, who are trying to adjust to the demands a new baby brings. They talk about emotional strains: how it feels to be an unwed mother; feeling isolated from family and friends; and interference with personal relationships. The 28 minute video can be used for Head Start parent training.

Source

Filmakers Library, Inc.
124 East 40th Street
New York, New York 10016
(212) 808-4980

Mastering the Tasks of Toddlerhood
Bettye M. Caldwell, Ph.D.

Description

This video places the developmental steps of toddlerhood into three categories: autonomy, mastery, and language acquisition. The fact that the child accepts being a separate being from the mother, becomes a doer, and attains productive language has implications. Dr. Caldwell provides advice and encourages parents to help children explore their environment. Head Start parents and staff will learn the significance of this stage of life by viewing this film.

Source

Davidson Films, Inc.
231 E. Street
Davis, California 95616
(916) 753-9604

Mirrors: A Film about Self-Esteem
Parent Teacher Association and Keebler Company

Description

This can be used to show parents that they directly influence their children's self-image. The 12 minute video is accompanied by a leader's guide and copies of a brochure with tips for building self-esteem. The film is a good tool for parent training. Free rental available.

Source

Modern Talking Picture Service
5000 Park Street North
St. Petersburg, Florida 33709-9989
(800) 243-6877 or (813) 541-7571

Nurturing
Bettye Caldwell, Ph.D.

Description

Thoughtful infant care practices can result in emotional and intellectual growth for babies in their first two years. The film illustrates what parents and caregivers need to consider when trying to meet their own and babies' needs. It is 17 minutes long and can be used for staff development and parent training. Rental available.

Source

Davidson Films
231 E Street
Davis, California 95616
(916) 753-9604

Parenting Strategies and Three A's for Professionals

Description

This is a two part 60 minute video. The first segment offers strategies to parents for working with their children's school systems. Part two offers tips for professionals who come in contact with families who are at-risk and addresses awareness, access, and advocacy. The first segment can be used in parent training addressing transition and the second segment is useful for staff development.

Source

One PLUS One
4802 Fifth Avenue
Pittsburgh, Pennsylvania 15213
(412) 622-1491

Parent to Parent
Talking to Your Children about Preventing Sexual Assault

Description

Produced for and presented by parents, this 24 minute video provides information about the sexual assault of children and strategies for keeping children safe. The purpose is to convince parents to approach this subject now. This is appropriate for parents, educators, and professionals. American sign language is used in the film.

Source

The National Assault Prevention Center
Dept. PP, Box 02005
Columbus, Ohio 43202
(616) 291-2540

Parents to Parents
West Virginia Advocates for the Developmentally Disabled

Description

The difficult adjustment process faced by families of children with disabilities is sensitively explained in four videotapes. They feature families reflecting on their own adjustment process, and sharing a message of understanding and hope. The 30 minute videos can help other parents of children with disabilities know that their emotional reactions are normal, and help professionals to understand the difficult adjustment process. The material is excellent for parent discussion groups. Rental available.

Source

West Virginia Advocates for the Developmentally
Disabled
1524 Kanawha Boulevard, East
Charleston, West Virginia 25311
(304) 346-0847

Staying Involved
High Scope Foundation

Description

This 14 minute film suggests how parents can continue involvement in their child's education after their child leaves preschool. It stresses the parent's role as the child's most important teacher and assures parents that they have the knowledge and skills to make a difference in their child's later success in school. It is suitable for parent training sessions. Rental available.

Source

High/Scope Press, Department 10
600 North River Street
Ypsilanti, Michigan 48198
(313) 485-2000, ext. 74

Teaching Responsible Behavior

Description

Correcting children's misbehavior and helping them accept responsibility for homework and household chores and for setting and achieving goals are the themes of this 54 minute video. It is appropriate for parent training and may be available in local libraries.

Source

Boys Town Press
Father Flanagan's Boys' Home
Boys Town, Nebraska 68010
(402) 498-3200

A Touchy Subject
Prevention Strategies for Adults

Description

A 16 minute video stresses that good communication between parent and child as the most important step in protecting children from sexual abuse. Simple and accessible methods for talking to even the youngest children are explained in four short dramatic scenes. The video comes with a book, No More Secrets for Me, a note for parents, and an audio cassette with a song by Phoebe Snow. The video is available for rent or purchase and has been used by Head Start in parent and staff training.

Source

Select Media
74 Varick Street, Third Floor
New York, New York 10013
(212) 431-8923

SECTION II
SOURCES OF MATERIALS

GOVERNMENT AGENCIES
ASSOCIATIONS AND ORGANIZATIONS

Many government agencies, associations, and organizations make free or low-cost materials available about parenting or related concerns, such as health, nutrition, or safety. Frequently, they will send a free catalogue of publications. A careful review of the sources listed in this section can result in valuable additions to a Head Start library of parent education materials. Staff may also wish to refer parents to organizations in which they may have a special interest.

UNITED STATES CONSUMER PRODUCT SAFETY COMMISSION

U.S. Consumer Product Safety Commission
Washington, D.C. 20207

Consumers can learn about the safety of items they purchase by contacting local community offices or writing to the national office. Local listings can be found in telephone directories. There is also a hotline number for questions about products: (800) 638-2772.

UNITED STATES DEPARTMENT OF AGRICULTURE

The Extension Service
14th and Independence Avenues
Washington, D.C. 20250
(202) 720-4651

Land Grant Universities should be contacted about local services. Check local phone books or contact an operator for phone numbers.

State Universities offer learning opportunities for women, children, parents, and families by working with the Extension Service. Education is informal and noncredit and conducted primarily beyond the formal classroom. The education is practical, problem-centered and situation based. In September 1993, the Extension Service plans to release a parent education curriculum guide and national model report.

Food and Nutrition Information Center (FNIC)
National Agricultural Library
10301 Baltimore Boulevard, Room 304
Beltsville, Maryland 20705-2351
(301) 504-5719

Head Start parents may be interested in obtaining available publications offering nutrition information. Topics include sources of good nutrition, how nutrition affects learning and behavior, and infant nutrition. A complete listing of publications is available along with an order form.

UNITED STATES DEPARTMENT OF EDUCATION

Office of Educational Research and Improvement
555 New Jersey Avenue, N.W.
Washington, D.C. 20208
(202) 219-1651

This Office disseminates a catalog of publications designed to assist parents to participate with their children as they learn. The Office also offers a number of other services for staff and parents.

UNITED STATES DEPARTMENT OF HEALTH AND HUMAN SERVICES

National Center on Child Abuse and Neglect (NCCAN)
P.O. Box 1182
Washington, D.C. 20013
(703) 385-7565 or call the hotline: (800) 422-4453

The Center operates a national clearinghouse which provides information and national statistics on child abuse and neglect. The Center also provides grants for research and demonstration projects on issues related to child abuse and neglect.

National Health Information Clearinghouse
P.O. Box 1133
Washington, D.C. 20013-1133
(301) 565-4167 or (800) 336-4797

Health questions can be answered through this central source of information and referral. It serves consumers and health professionals and produces directories, resource guides, and other publications on a variety of subjects. It also distributes publications from the Office of Disease Prevention and Health Promotion, U.S. Public Health Service.

National Maternal and Child Health Clearinghouse
8201 Greensboro Drive, Suite 600
McLean, Virginia 22102
(703) 821-8955, ext. 254 or ext. 265

This clearinghouse responds to requests for information on a range of topics related to parenting and child development. The agency disseminates over five hundred titles. They offer a free catalogue of resources.

The Office of Child Support Enforcement
National Training Center
370 L'Enfant Promenade, S.W.
Washington, D.C. 20447

The Child Support Enforcement Program works in partnership with state governments to secure the benefits of paternity and financial assistance for the nation's families. The National Training Center offers a single copy of their booklet, "Kids, They're Worth Every Penny," for free. It explains how to obtain child support.

UNITED STATES DEPARTMENT OF JUSTICE

National Center for Missing and Exploited Children
2101 Wilson Boulevard, Suite 550
Arlington, Virginia 22201
(703) 235-3900

The goal of this organization is to aid parents to prevent child exploitation and to locate missing children. It provides resources and technical assistance.

UNITED STATES GOVERNMENT PRINTING OFFICE

Superintendent of Documents
Washington, D.C. 20402
(202) 783-3238

This office has more than 15,000 different books, pamphlets, poster, periodicals, subscription services and other government publications available for purchase. A free copy of the annually updated listing of titles will be sent by request. Parent education is one category in the listing.

Consumer Information Center
P.O. Box 100
Pueblo, Colorado 81002
No phone orders.

This Center will mail a quarterly catalogue in response to a request. The catalogue contains many listings of interest to parents and many of the publications are free.

National Audio Visual Center
8700 Edgeworth Drive
Capitol Heights, Maryland 20743
(301) 763-1896

The free catalogue lists audio visual materials available for purchase. There are materials available which can be used in parent education and are targeted to parents of preschoolers, infants, and toddlers.

National Safe Kids Campaign
111 Michigan Avenue, N.W.
Washington, D.C. 21101-2970
(202) 939-4993

This is a nationwide childhood injury prevention project. Available materials include publications which encourage safety.

The following associations and organizations offer information and services to parents and parent trainers. Many groups on this list offer free catalogues of their materials.

Active Parenting, Inc.
810 Franklin Court, Suite B
Marietta, Georgia 30067
(404) 429-0565

This organization disseminates publications and videos described in their free catalogue to help parents raise children in today's society.

Alliance for Parental Involvement in Education (ALLPIE)
P.O. Box 59
East Chatham, New York 12060-0059
(518) 392-6900

Services of this organization include a newsletter, a free resource catalogue, a referral service, workshops, and conferences. Their mission is to inform families about education.

The American Academy of Child and Adolescent Psychiatry
3615 Wisconsin Avenue, N.W.
Washington, D.C. 20016
(202) 966-7300

Advancing medical contributions to the treatment of psychiatric illnesses in children is the mission of this organization. They also serve as a resource for pertinent literature and offer a free publications catalogue.

American Public Welfare Association (APWA)
Institute for Family Self-Sufficiency
810 First Street, N.E., Suite 500
Washington, D.C. 20002
(202) 682-0100

The goals of APWA are to reduce poverty among children and their families, promote self-sufficiency, and strengthen family life. The organization maintains a clearinghouse of information about family self-sufficiency.

The Association for Childhood Education International
11501 Georgia Avenue, Suite 315
Wheaton, Maryland 20902
(800) 423-3563 or (301) 942-2443

The Association seeks to promote the growth of educators, the education of children, and the cooperation of groups concerned with children. It distributes information about education to the public. A publications catalogue is available.

Barbara Bush Foundation for Family Literacy
1002 Wisconsin Avenue, N.W.
Washington, D.C. 20007
(202) 338-2006

The Foundation promotes family literacy and provides information on this subject. Publications on the subject of literacy are available for a fee. The Foundation awards grants, supports training and professional development, and encourages recognition of teachers.

The Bureau for At-Risk Youth
79 Carley Avenue
Huntington, New York 11743
(800) 99-Youth

Resources available through this organization help parents successfully face challenges. Short handouts called Helping Hand Cards and other resources are listed in their catalogue.

Center for the Improvement of Child Caring
11331 Ventura Blvd., Suite 103
Studio City, California 91604
(800) 325-CICC or (818) 980-0903

This is the nation's largest provider and facilitator of parenting classes and seminars, parent training leadership conferences, and parenting instructor training workshops. The Center is dedicated to helping parents receive the best possible education, training, and support for parenting.

The Center on Families, Communities, Schools and Children's Learning
605 Commonwealth Avenue
Boston, Massachusetts 02215
(617) 353-8444

This center researches and prepares reports about how families, schools, and communities influence student motivation, learning, and development. There are two programs, a program on the early years of childhood, and a program on the years of early and late adolescence. The Center publishes a Research and Development Report summarizing research at no charge. Full reports can be ordered.

The Children's Foundation
725 15th Street, N.W., Suite 505
Washington, D.C. 20005-2109
(202) 347-3300

The Foundation is concerned with social and economic issues, such as child support. Family day care providers may wish to utilize its directories of information and publications.

Children's Television Resource and Education Center
330 Townsend Street
San Francisco, California 94107
(415) 243-9943

This group's principal concern is the effect of television programming on children's social development, creativity, and academic success. It produces newsletters, research studies, and other publications. Technical assistance is available to parents, teachers and others working to ensure that television is a positive influence on children's development.

Child Welfare League of America
440 First Street, N.W., Suite 310
Washington, D.C. 20001
(202) 638-2952

Child welfare services are the concern of this organization. It publishes a catalogue of materials and provides services to professionals serving children, youth and families.

Committee for Children
172 20th Avenue
Seattle, Washington 98122
(206) 322-5050

This group seeks to prevent the sexual abuse of children. It conducts training programs for teachers and trainers.

Council for Educational Development and Research
2000 L Street, N.W., Suite 601
Washington, D.C. 20036
(202) 223-1593

The Council publishes useful information about parent involvement for educators and parents.

Council for Exceptional Children
1920 Association Drive
Reston, Virginia 22091
(703) 620-3660

The Council champions the right of exceptional people (eg. gifted or impaired) to obtain full educational opportunities. It provides information to concerned parties and publishes relevant material.

ERIC Clearinghouse for Elementary and Early Childhood Education
University of Illinois, College of Education
805 W. Pennsylvania Avenue
Urbana, Illinois 61801-4897
(217) 333-1386

This clearinghouse has a large number of publications available including books such as, "Family Living: Suggestions for Effective Parenting," copies of articles on the subject of parent education, free resource lists for parent educators, free information about how to report to parents of young children, and copies of an ERIC digest on the subject of how to plan for parent participation in schools for young children.

Emotions Anonymous
P.O. Box 4245
St. Paul, Minnesota 55104
(612) 647-9712

The goal of this organization is to help members share information and solve common problems while recovering from emotional illness. It offers help for children. A catalogue and resource material are available.

Family Resource Coalition
200 South Michigan Avenue, Suite 1520
Chicago, Illinois 60604
(312) 341-0900

Professional training in the field of parent education is available through the coalition which is dedicated to improving access to family resources. Resources and referral services are made available to parents. A free listing of publications and services is available.

Family Service America
1319 F Street, N.W., Suite 606
Washington, D.C. 20004
(202) 347-1124

This federation of local agencies provides counseling, education, advocacy and other programs to help families with problems. It also publishes books and manuals listed in their free catalogue.

High/Scope Educational Research Foundation
600 North River Street
Ypsilanti, Michigan 489198-2898
(313) 485-2898

This is a non-profit independent research development and training organization. It provides a variety of educational programs for parents and children, offers training workshops and conferences, and produces books, audio libraries, and videotapes. A free listing of materials is available from High Scope Press, same address.

Home and School Institute
1201 16th Street, N.W.
Washington, D.C. 20036
(202) 466-3633

The Institute offers programs and information about how best to support children's education.

International Reading Association
800 Barksdale Road
P.O. Box 8139
Newark, Delaware 19714-8139
(302) 731-1600

The Association offers information to promote family literacy. A free catalogue is available.

National Association for the Education of Young Children (NAEYC)
1509 16th Street, N.W.
Washington, D.C. 20036-1426
(800)424-2460 or (202) 232-8777

This organization is committed to young children and their families. It offers resources to child care professionals and parents. They offer a free catalogue of materials.

National Association of Partners in Education, Inc. (NAPE)
209 Madison Street, Suite 401
Alexandria, Virginia 22314
(703) 836-4880

NAPE is concerned with increasing school partnerships with parents and businesses by encouraging and supporting volunteerism. A newsletter is sent to members.

National Clearinghouse for Bilingual Education
1118 22nd Street, N.W.
Washington, D.C. 20037
(800) 321-NCBE or (202) 476-0867

The clearinghouse compiles information on materials, programs, research, and other resources that can help educators meet the challenge of educating limited English proficient students. A bimonthly newsletter, program information guides for practitioners, and articles on issues of current concern, as well as other information are available from this source at no or little cost.

National Committee for the Prevention of Child Abuse (NCPCA)
332 S. Michigan Avenue, Suite 1600
Chicago, Illinois 60604
(312) 663-3520

Preventing the abuse of children is the mission of the NCPCA. The organization provides training, technical assistance and resources on the subject of child abuse prevention. A free catalogue of materials is available.

National Parenting Center
22801 Ventura Boulevard, Suite 110
Woodland Hills, California 91367
(800) 753-6667 or (818) 225-8990

The Center provides a variety of parenting education materials including a newsletter, "ParenTalk," and training material for educators. Materials are concise and clear. It runs the parenting division of the Prodigy Data Base which can be accessed by computer and a touchtone phone. Prerecorded parenting advice is available by calling (900) 246-MOMS for a fee charged by the minute. Callers can also leave questions and receive a written response.

National Parenting Instructors Association
Center for the Improvement of Child Caring (CICC)
11331 Ventura Boulevard, Suite 103
Studio City, California 91604-3147
(800) 325-CICC or (818) 9800903

Devoted to the needs of instructors involved in the delivery of parent training services, this association provides continuing education for its members. Members also receive newsletters and publications relevant to their field.

National Parent-Teacher Associations
Department D, 700 North Rush Street
Chicago, Illinois 60611-2571
(312) 787-0977

The National, state, and local PTA's share resources for home and school use to support learning. They will send a free list of publications. Their monthly magazine, "PTA Today," contains helpful articles.

National Safety Council
Customer Service Department
1121 Spring Lake Drive
Itasca, Illinois 60143-3201
(708) 285-1121

The National Safety Council offers a number of products to assist adults in teaching good safety habits to children. Their free catalogue of materials is sizeable.

Parents Anonymous
520 South Lafayette Park Place, Suite 316
Los Angeles, California 90057
(800) 421-0353 or (213) 388-6685
Call (800) 555-1212 to find local chapters

Parent training sessions are offered by this organization which is dedicated to preventing child abuse and raising the self-esteem of family members.

Parents As Teachers National Center (PAT)
9374 Olive Boulevard
St. Louis, Missouri 63132
(314) 432-4330

Language and intellectual development are the focus of this center which makes extensive training resources available. It trains parent educators, develops materials, conducts research, and promotes family support and parent education.

Parent's Network
270 Commerce Drive
Suite 100
Fort Washington, Pennsylvania 19034
(215) 628-2402

This non-profit organization strives to give parents and those who serve them the best possible preparation and support for their work. They provide resources, objective evaluations, and training and programming to parents across the USA. They appreciate the diversity of their constituency. Services include training, programming, and resource development. The primary service area is the Mid-Atlantic and East Coast.

Parents Without Partners International (PWP)
8807 Colesville Road
Silver Spring, Maryland 20910
(301) 588-9354

Single parents face special challenges raising children. This organization offers a clearinghouse, library, a referral service, and publications to assist single parents needing help.

Reading is Fundamental, Inc. (RIF)
Smithsonian Institution
600 Maryland Avenue, S.W., Suite 500
Washington, D.C. 20024
(202) 287-3220

This national nonprofit organization is involved in building a literate future by meeting the literacy challenges of today. It helps children get interested in reading so they will become lifetime readers. Pamphlets about reading are available, as well as information about how to operate RIF program locally. Some materials are available in both ENGLISH and SPANISH.

Southern Early Childhood Association (SECA)
P.O. Box 5403
Brady Station
Little Rock, Arkansas 72215
(501) 663-0353

This Association, formerly known as Southern Association on Children Under Six (SACUS), explores contemporary issues in child development and early childhood through publications, conferences, and workshops.

The following associations and organizations offer information about disabilities. Their informational materials may interest parents and parent trainers. Call or write to request a free listing of their materials.

American Foundation for the Blind
15 West 16th Street
New York, New York 10011
(212) 620-2000

Services to assist the blind and visually impaired gain independence are available through this Foundation. It provides pertinent resources to teachers and parents and a free publications catalogue.

American Speech, Language, Hearing Association
10801 Rockville Pike
Rockville, Maryland 20852
(301) 897-5700

The Association supports the study of communication and exchanges information between those engaged in or interested in this study. The organization offers a free product catalogue of their publications and audio visual aids.

Epilepsy Foundation of America
4351 Garden City Drive
Landover, Maryland 20785
(301) 459-3700

Committed to controlling and preventing epilepsy, the Foundation provides assistance and counseling for families and patients. Pamphlets and audio visual educational pieces are available through use of their free catalogue.

Learning Disabilities Association of America (LDA)
4156 Library Road
Pittsburgh, Pennsylvania 15234
(412) 341-1515

LDA offers parent education resources and disseminates information to the public. It advances the education and well-being of children with learning disabilities. A free publication list is available.

March of Dimes Birth Defects Foundation
1275 Mamaroneck Avenue
White Plains, New York 10605
(914) 428-7100

This organization offers public and professional health education and programs to improve maternal and infant health. It also develops and distributes educational materials, including a prenatal care resource guide, through their catalogue of materials.

National Association of the Deaf
814 Thayer Avenue
Silver Spring, Maryland 20910
(301) 587-1788

Formed to promote the rights of hearing impaired persons, this association offers programs, resources, and a clearinghouse of pertinent materials. A bookstore catalogue is free.

National Down Syndrome Society
666 Broadway
New York, New York 10012
(212) 460-9330

Devoted to research into the causes and treatment of Down Syndrome, the Society offers a directory of parent support groups and early intervention programs and resource materials.

National Information Center for Children and Youth with Disabilities (NICHY)
Post Office Box 1492
Washington, D.C. 20013
(800) 999-5599 or (703) 893-6061

This national clearinghouse offers information and a referral service, and provides support to parents and families of children and youth with disabilities. Their national and state resource sheets are periodically updated. They also offer fact sheets, parent guides, and newsletters.

National Information Center on Deafness (NICD)
Gallaudet University
800 Florida Avenue, N.E.
Washington, D.C. 20002
(202) 651-5051

This Center acts as a resource clearinghouse on all aspects of deafness. It distributes information packets, fact sheets, bibliographies, and maintains a large library.

Parent Training and Information Centers
95 Berkeley Street, Suite 104
Boston, Massachusetts 02116
(617) 482-2915

The centers enable parents to work with professionals to meet the education needs of children with disabilities. They also develop minority programs in urban and rural areas.

The following associations and organizations offer health information of interest to parents and parent trainers. Many offer free listings of health education materials.

American Heart Association
7272 Greenville Avenue
Dallas, Texas 75231
(214) 373-6300

Engaged in informing the public about circulatory problems, this organization has publications available to educate parents about preventing heart disease. Contact state officials to obtain bulk quantities of publications.

American Public Health Association
1015 Fifteenth St., N.W.
Washington, D.C. 20005
(202) 789-5600

This organization promotes health and offers information about child health, nutrition, and immunizations. They offer a publications catalogue.

American Red Cross
431 18th Street, N.W.
Washington, D.C. 20006
(202) 737-8300

The American Red Cross offers training to parents on safety issues. Contact local chapters for copies of brochures on home safety.

Association for the Care of Children's Health (ACCH)
7910 Woodmont Avenue, Suite 300
Bethesda, Maryland 20814
(301) 654-6549

ACCH provides information related to child health to families and those who help families. They offer a resource directory of available materials.

Council on Family Health
225 Park Avenue South, 17th Floor
New York, New York 10003
(212) 598-3640

Information about the safe use of medicine can be obtained from this organization.

Healthy Mothers Healthy Babies Coalition
409 12th Street, S.W.
Washington, D.C. 20024
(202) 863-2458

Maternal and child health are the focus areas for this organization. It offers a list of available materials, a newsletter, and state contact lists.

National Center for Clinical Infant Programs (Zero to Three)
P.O. Box 96529
Washington, D.C. 20077-7359
(800) 544-0155

This resource center conducts national studies and innovative projects relevant to children and families. It also provides information and technical assistance and publishes a bi-monthly publication, "Zero to Three."

National Mental Health Association (NMHA)
Public Information and Education
1021 Prince Street
Alexandria, Virginia 22314
(703) 684-7722 or (800) 969-NMHA (6642)

This office serves as a central source for educational materials on mental illness and mental health.

Zero to Three

See the National Center for Clinical Infant Programs above.

The following organizations and associations are dedicated to the welfare of the diverse populations they represent. They offer information to help families appreciate their cultural origins. They also assist families with child development and parenting challenges.

Aspira Association, Inc.
1112 16th Street, N.W.
Washington, D.C. 20036
(202) 835-3600

Aspira is a national education leadership organization for Hispanic people. It offers education resources and is conducting a parent involvement demonstration project in nine cities.

Mexican American Legal Defense and Educational Fund (MALDEF)
634 South Spring Street, 11th floor
Los Angeles, California 90014
(213) 629-2512

This civil rights organization conducts a Parent Leadership Program to promote parent involvement in schools.

National Black Child Development Institute
1023 15th Street, N.W., Suite 600
Washington, D.C. 20005
(202) 387-1281

Dedicated to the welfare of Black families, this Institute offers resources related to child development, parenting, and early childhood. Their resource list includes literature appropriate for black children.

National Council of La Raza (NCLR)
810 First Street, N.E. Suite 600
Washington, D.C. 20002-4205
(202) 289-1380

This resource and advocacy organization works on behalf of the U.S. Hispanic population. Their national demonstration includes tutoring services and parent education.

National Migrant Resource Program, Inc.
2512 South IH35, Suite 220
Austin, Texas 78704
(512) 447-0770

The migrant population's special challenges are addressed by this organization. Parenting issues are covered in their materials.

Rural America Initiative
919 Main Street, Suite 112
Rapid City, South Dakota 57701
(605) 341-3339

This organization strives to make effective community based programs available to meet the needs of Indian and rural populations. It focuses on children, youth, and families.

TITLE INDEX

Active Learning Series 11
Active Parenting 27
Activities for Children with Special Needs 53
Ages and Stages 53
As A Child Grows 54
Babies with Down Syndrome 54
Birth to Three 3
Black Parenting Education Program 27
Bowdoin Method I 28
Bringing Out the Best 55
Buckle Up Baby! 73
Building Blocks 89
Building Self-Esteem in Children 55
Caring for Your Baby and Young Child Birth to Age Five 11
Caring Parents' Guide 11
Center for Parent Education Newsletter 89
Child 85
Child Care Information Exchange 85
Child Development: Birth to Five 101
Child Health Talk 90
Child of Mine 55
Childhood Emergencies: What To Do 12
Children of Royalty Are Treated Royally 101
Children with Special Needs 102
Circles of Friends 56
Common Sense Parenting 12
Confident Parenting Program 28
Coping 73
Daycare Health 90
Developing Roots and Wings 13
Difficult Child 56
Discipline without Shouting or Spanking 57
Dynamic Infant 57
Early Childhood STEP 29
Early Learning Fun Preschool Readiness Kit 13
Effective Black Parenting 29
Emergency Medical Treatment: Children 14
Empowering Families 45
Exploring Parenting 3
Facts for Families 73
Family Matters 102
Family Talk 30
Finding the Best Care for Your Infant or Toddler 74

INDEX

First Feelings 58
First Steps 103
First Teacher 85
First Three Years 99
First Year Baby Care 14
Floor Time 30
Footsteps 99
For Kids Sake 74
For Parents' Sake 75
Friendly Classroom for a Small Planet 15
Get Ready, Stop...Let's Talk 31
Getting Involved: Workshops for Parents 45
Good Talking with You 103
Growing Opportunities for Preschool Children 31
Growing Together (Newsletter) 90
Growing Together (Booklet) 75
Growing Up Again 15
Guidance of Young Children 58
Health Letter 91
Helping Children Learn about Reading 75
Helping Young Children Develop through Play 59
Helping Your Child Succeed 104
Homecoming for Babies after the Intensive Care Nursery 16
Hope for the Families 59
How to Get Your Kid to Eat...But Not Too Much 59
How to Parent 4
How to Save the Children 16
How to Talk So Kids Will Listen and Listen So Kids Will Talk (Book) 60
How To Talk So Kids Will Listen & Listen So Kids Will Talk (Workshop) 46
I Can Do It! I Can Do It! 60
Incredible Years 17
Individualized Workshops 46
Involving Parents 17
Keeping the Peace 17
Keeping Your Baby Healthy 76
Kicking Your Stress Habits 61
Kidfun Activity Book 61
Kid's Club 32
Kids in Action 76
Kids Worry Too 77
Kindergarten Survival Handbook 18
Lakota Learning Activities 5
Learning All the Time 62
Life Skills for Single Parents 5
Life With Baby 104

Looking at Life 6
Los Ñinos Bien Educados 33
Loving Your Child Is Not Enough 62
Mastering the Tasks of Toddlerhood 105
Meals without Squeals 63
MegaSkills 47
Mendota Child Management Technique Sheets 77
Middle of the Night Baby Book 63
Mirrors: A Film about Self-Esteem 105
Money, Babies, Health, and Nutrition 97
National Committee for the Prevention of Child Abuse 78
(No Leftovers!) Child Care Cookbook 63
Notes for Parents 78
Nurturing 106
Nurturing Program 33
Nurturing Your Child's Natural Literacy 18
1,2,3...The Toddler Years 19
101 Amusing Ways to Develop Your Child's Thinking Skills 64
1001 Things to Do with Your Kids 64
Our Children's Self-Esteem 79
Parent and Child 34
Parent and Preschooler Newsletter 92
Parent Effectiveness Training 34
Parent Enrichment Trainer's Manual 19
Parent Express 79
Parent Handbook 20
Parent Handbook, Reachbook 20
Parent Information News Guidance 92
Parent Talk 36
Parent to Parent 106
ParenTalk 91
Parenting 86
Parenting and Human Development Video Series 35
Parenting Curriculum 6
Parenting Curriculum for Language Minority Parents 7
Parenting for Prevention 7
Parenting in a TV Age 47
Parenting Strategies and Three A's for Professionals 106
Parenting Tapes 97
Parenting: The Underdeveloped Skill 48
Parents and Children Getting a Head Start Against Drugs 8
Parents As Teachers 35
Parent's Digest 86
Parent's Guide to Early Childhood Education 80
Parents in a Pressure Cooker 65

INDEX

Parents Magazine 87
Parents, Please Don't Sit on Your Kids 65
Parents Resource Network's Lecture Library 98
Parents to Parents 107
Partners in Language 80
Pathways to Play 66
Pediatric Mental Health 93
Pediatrics for Parents 93
Play Brochures 81
Playtime Learning Games for Young Children 21
Portage Parent Program 37
Positive Indian Parenting 9
Practical Parenting Series 37
Pre-K Today 87
Program for Infant and Toddler Caregivers 38
Programs to Strengthen Families: A Resource Guide 22
Project PACT 48
PTA Today 87
Questions Parents Ask 22
Raising America's Children 38
Read Aloud Handbook 22
Reading Aloud to Your Child 23
Ready or Not 81
Recipes for Fun-Play Activities and Games for the Family 23
Reducing Stress in Young Children's Lives 66
Responsive Parenting 39
Revised Mother's Almanac 66
Scriptograhic Booklets 81
Self-Esteem: A Family Affair Leader's Guide 24
Sharing Parenting 39
Siblings Without Rivalry 67
Six Point Plan for Raising Happy Healthy Children 67
Slow and Steady, Get Me Ready 24
Small Wonder! 40
Solve Your Child's Sleep Problems 68
SOS! Help for Parents 68
Special Parent/Special Child 93
Staying Involved 107
Strengthening Stepfamilies 40
Survival Guide for Parents 82
Systemic Training for Effective Parenting (STEP) 21
T is for Touching 41
TLC: Talk Listen Care Kit 42
Talking About Touching Curriculum for Preschool-Kindergarten 9
Teaching Children about Food 68

Teaching Early Readers 82
Teaching Responsible Behavior 108
Teaching Social Skills to Young Children 10
Teaching Young Children to Resist Bias 83
Things to Do with Toddlers and Twos 69
Tips on Parenting Strategies 41
Totline 94
Touchpoints 69
Touchy Subject 108
Update to a Reader's Guide 25
Very Practical Guide to Discipline with Young Children 25
Video Basics of Family and Parenting Relationships 42
Weekly Readers 83
What Will I Tell the Children? 84
Working with Families 25
Young Children 88
Your Child's Self Esteem 71
Your Child's Teeth 84
Your Baby: The First Twelve Months 70
Your Three-Year-Old 71
You're a Better Parent Than You Think! 70

TOPIC INDEX

Bilingual materials 3, 13, 18, 21, 31-33, 36, 79, 80, 83, 92, 99, 101
Child development 11, 35, 38, 78, 89, 90, 92, 94, 104
    behavior 17, 29, 108
    dental care 84
    language 31, 80
    learning 13, 24, 55, 62, 85, 87, 103
    milestones 6, 53, 66, 69, 71, 75, 99, 101, 105
    play 59, 66
    self-esteem 55, 79, 105
    speech 103
    television 122
Child rearing 3, 15, 20, 31, 58, 67, 77, 85-87, 97-99
    abuse prevention 41
    bias 83
    child 9
    discipline 41, 62, 65, 70
    drug abuse prevention 7, 8
    emergency care 12, 14
    problems 22, 56, 57, 68, 73, 78
    self-esteem 24, 71, 101
    sex education 11, 42
    siblings 67
    stress 66
    techniques 12
Communication 15, 19, 30, 42, 46, 60, 84, 103
    reassurance 77
    sexual abuse 106, 108
Disabilities
    friends 56
    learning 10
Early childhood education 78, 80, 87, 88
    school readiness 18, 81
Families
    activities 61, 64, 69, 76, 81
    health 3, 91
    programs 22
    relationships 34, 37, 40, 45, 65, 77, 102
    single parents 86
Home Visitor 99
Infants and toddlers 40, 79
    activities 11
    health and nutrition 97

INDEX

- infant care 14, 63, 74, 76, 106
- infant development 70
- movement 57
- sick infants 16

Literacy 22, 23
- children 18, 76, 82

Multicultural materials 8, 27, 39, 63, 69, 83, 98, 101, 104
- African American 27, 29, 76, 90
- Hispanic 33
- Indian 5, 9, 20

Nutrition 55
- cooking 63
- teaching 32, 59, 63, 69

Parent school partnership 47, 107

Parents
- coping 36, 39, 61, 73, 75, 104
- discipline 25
- involvement 17, 45
- prenatal care 76
- schools 25, 106
- skills 27, 29, 33, 46, 48
- training 4-7, 19, 21, 27-30, 33, 34, 37, 39, 47, 48, 80, 81, 83, 89-93, 99

Safety
- auto 73
- toy 74

Special features
- sign language 106

Special needs 93
- adjustment 107
- coping 59
- Down Syndrome 54
- emotional 25
- learning 38
- parent/professional cooperation 102
- play 23, 53
- visually impaired 20

Staff development 11, 16, 17, 21, 23, 38, 54, 57, 60, 90, 93, 103, 106, 108

•U.S. G.P.O.:1993-[illegible]2:86848